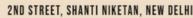
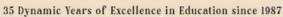




### SADHU VASWANI INTERNATIONAL SCHOOL FOR GIRLS

- 2ND STREET, SHANTI NIKETAN, NEW DELHI -



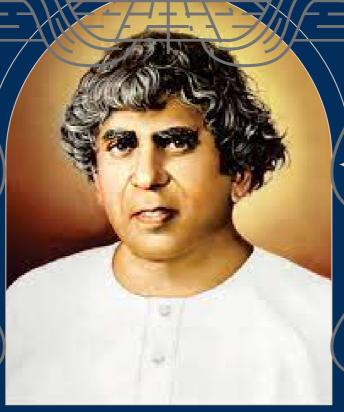












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# 144TH

Compassion- A Way of Life

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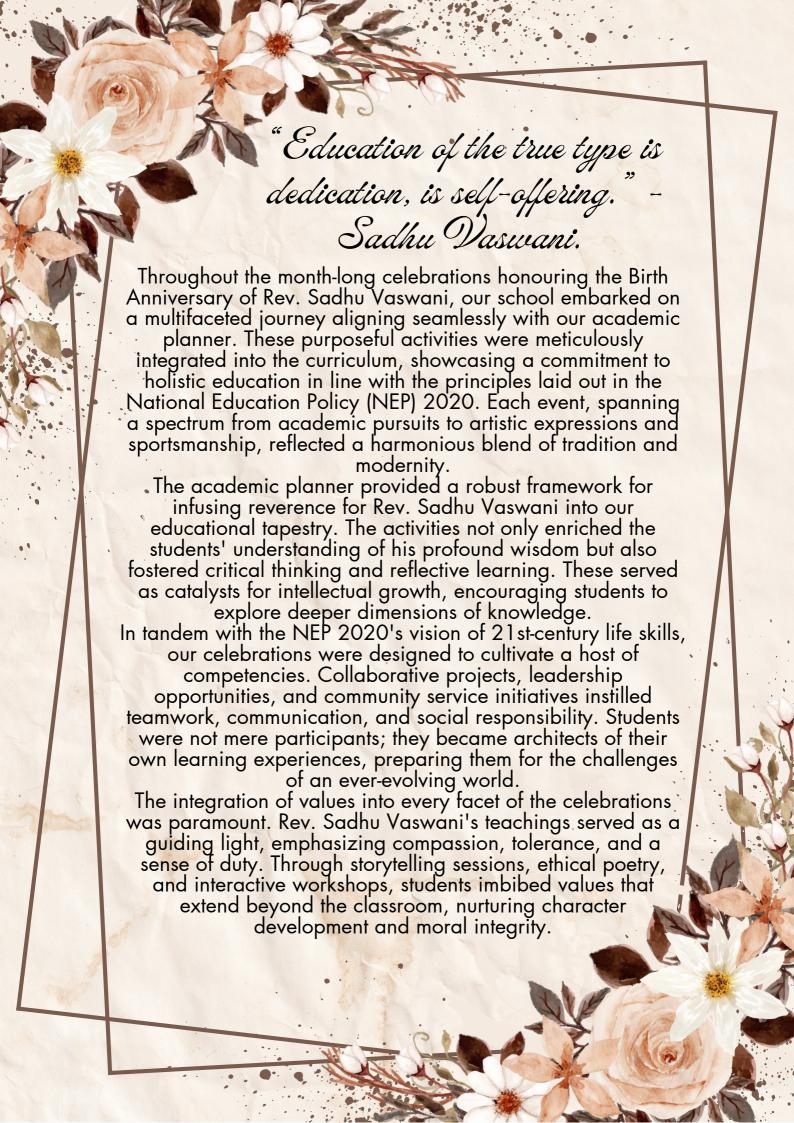
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**Birth Anniversary** 25 November 2023

through compassion





## FROM THE MANAGER



Mrs. Sunita Malkani Manager SVISG

### Vada Shyam

As we immerse ourselves in the festivities of this celebration let us envision a world where empathy knows no bounds-a realm where the love we express extends not only to our fellow human beings but also embraces our animal companions. Reverend Sadhu Vaswani's enduring legacy serves as a poignant reminder of the interconnectedness of all life urging us to cultivate compassion not merely in our words but more importantly in our actions. It prompts us to extend a helping hand to those in need fostering a community where kindness and understanding flourish creating a harmonious tapestry of shared compassion and goodwill. In honoring his teachings let us strive to be beacons of light illuminating the path towards a more inclusive and compassionate existence for all living beings.

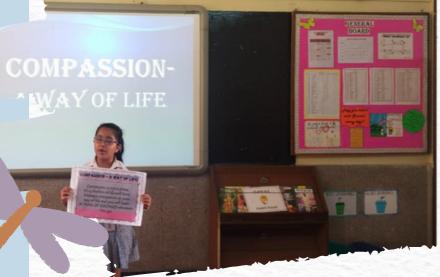
## FROM THE PRINCIPAL



### Vada Shyam

On the divine occasion of Rev Sadhu Naswanis 144th Birth Anniversary we at SVISG embarked on a sacred mission to rejuvenate and breathe new life into our world. With the eternal protection of our beloved Guru we dedicated ourselves to extending a healing touch to our ailing Mother Earth Each intricately crafted activity served as a seamless bridge between heart-centered education and the cultivation of intellectual faculties. These transformative experiences rooted in the realm of practical learning enriched both emotional and cognitive capacities providing the requisite knowledge and skills to contribute meaningfully to the creation of a more compassionate and enlightened world.







As a part of the diverse events held in honour of 'Rev. Sadhu Vaswani's 144th Birthday Celebrations', students participated in a Thought Sharing Activity centered around the theme "Compassion A Way of Life", where they eloquently expressed their perspectives on compassion, showcasing a deep enthusiasm and understanding of showing empathy to all living creatures.

THOUGHT SHARING ACTIVITY





## STORY TELLING

USING PUPPETS



The puppet show held for Pre-Primary students achieved remarkable success. Not only did it honour the spiritual leader, but stirred the audience to embrace compassion as a fundamental approach to life. The event underscored the timeless relevance of Sadhu Vaswani's teachings in today's world, emphasizing the increasing need for compassion. Students of Middle School beautifully depicted a touching narrative illustrating acts of kindness.

### TAKE PRIDE IN VEGETARIANISM

### POEM RECITATION









In adherence to Guruji's principles, we organized an Inter-House Poetry Competition for students of Grades JJJ-V, centred around the theme of 'Celebrating Vegetarianism.' The participants' enthusiastic engagement effectively conveyed the message through their eloquent recitations.

**COMPASSION** 

CHARACTER

CONFIDENCE

**COURAGE** 





## DECLAMATION

### **VOICE OF THE VOICELESS**

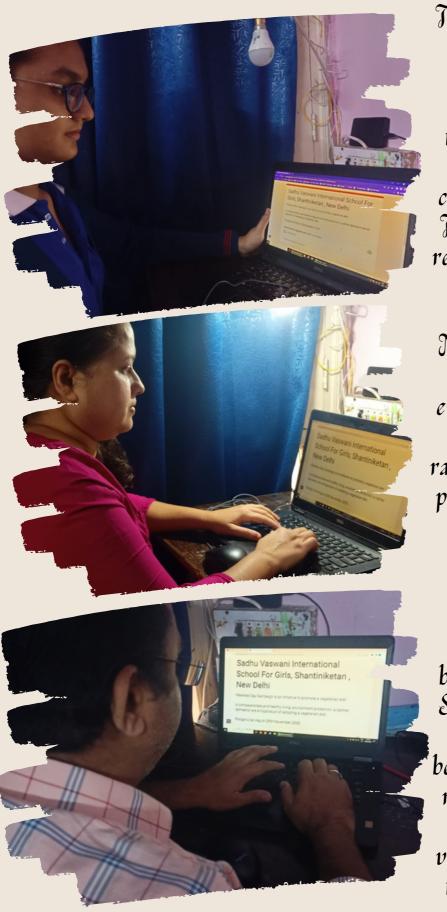
Focused on the theme, "Voice of the Voiceless," a Declamation event empowered our students to share their insights on social justice and empathy through impactful speeches. The presentations highlighted the significance of advocating the rights of vulnerable animal species, echoing the enduring teachings of Sadhu Vaswani.

MEATLESS DAY

SADHU VASWANI'S BIRTH ANNIVERSARY

COMPASSION FOR ALL

### "GO MEATLESS" CAMPAIGN



The virtual Meatless Day Pledge Forms released on the school website found enthusiastic participation from dedicated teachers and staff, parents and students, all committed to the cause of creating a better world. Their words of honour echoed a resolute commitment to safeguard our beloved animals from unnecessary harm. The "Go Meatless" campaign successfully conveyed the message of environmental responsibility and sustainable living. It not only raised awareness but also inspired positive action. The event served as a testament to SVISG's commitment to fostering a mindful and environmentally conscious community. In the celestial light of the divine blessings of our Revered Gurus, Sadhu Vaswani and Dada J.P. Vaswani, we, at SVISG have been able to garner an impressive number of 23,99,823 pledges for the global cause of vegetarianism. Together, we are fostering a culture of conscious choices.





The Wall Magazines of all classes brimmed with the theme of the month. Students delved earnestly into the profound concept of Compassion, adorning their display boards with heartfelt reflections and vivid imagery.



Building upon the spirit of service to the Lord, an interactive session was organized for the students of Sankalp, the community outreach group of SVISG



Participants of Grade 8, with poetic prowess, expressed the ethos of meat-free living through their self-composed sonnets, contributing to an enriching and thought-provoking celebration.

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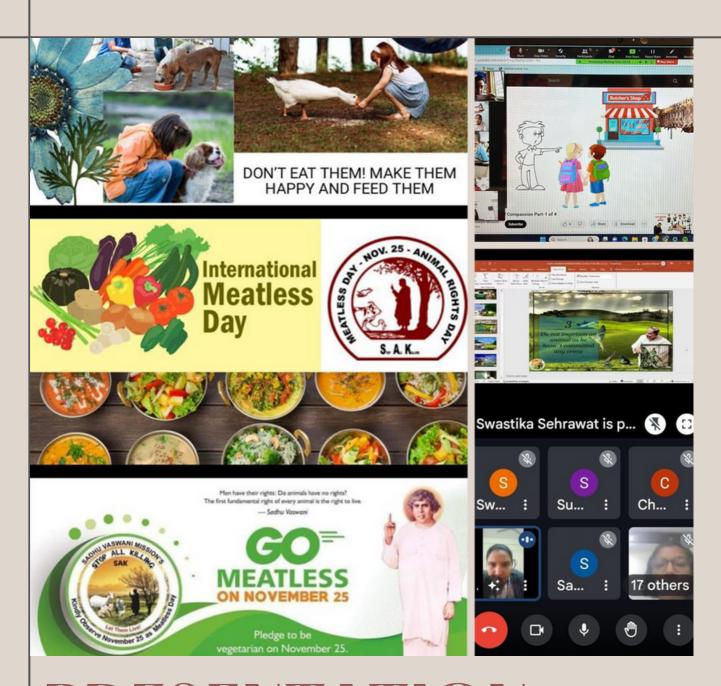


At SVISG, teachers and students passionate about animal rights attested their commitment on November 25th by adding a symbolic leaf to the Pledge Tree. This act signifies their dedication to promoting vegetarianism, showcasing the school's collective awareness and support for a compassionate lifestyle.



### POSTER MAKING AND SLOGAN WRITING

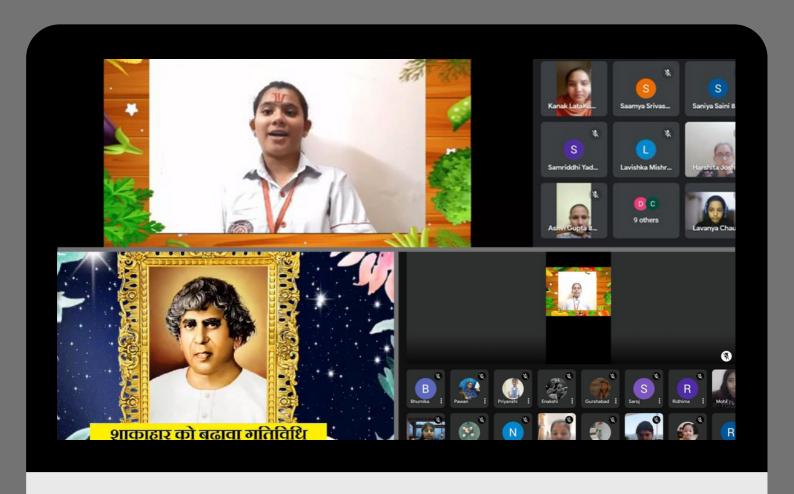
An Inter-class Poster Making and Slogan Writing Competition on the theme, "Upholding Animal Rights" was organized for the students. Through their imaginative posters, students passionately advocated to halt all forms of animal cruelty.



## PRESENTATION-STOP ANIMAL ABUSE

An online presentation on the theme, "Stop Animal Abuse" was conducted for Junior and Senior classes. During the session, students engaged in a discourse on animal welfare, ethical treatment, animal rights, and the practice of vegetarianism. Furthermore, they actively proposed various strategies to safeguard animals from harm, wholeheartedly endorsing the "STOP ALL KILLING" initiative.

## LESSONS ON VEGETARIANISM IN SRIMAD BHAGVAD GEETA



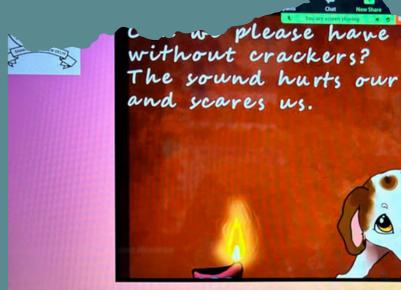
An enlightening video presentation on "Vegetarianism in Shrimad Bhagwat Geeta" was streamed online. Delving into diet teachings, the session explored Sattvic, Rajasic, Tamasic diets, fostering discussions on dietary importance.

COMPASSION | FOR | ALL LIVING

## BURST NO CRACKERS BEHOLD THE ANIMALS

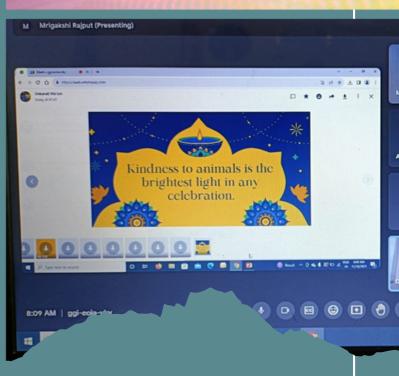
A THOUGHT-PROVOKING PRESENTATION





Light a lamp of love for an

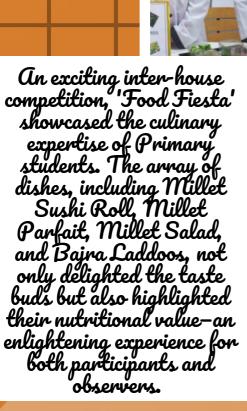




Emphasizing compassion for animals as the radiant centerpiece of any celebration, a thought-provoking PowerPoint presentation was delivered online to the Junior and Senior classes.



## FOOD FIESTA





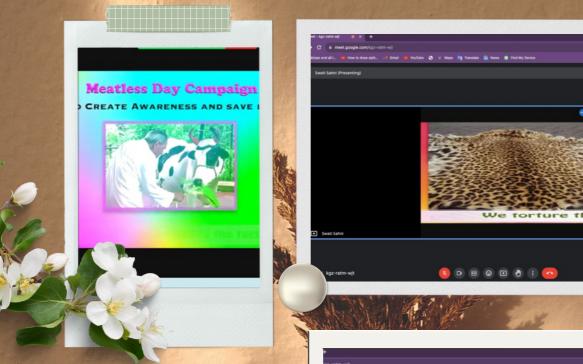


Students of Pre-School and Pre-Primary participated in a bird feeding activity which proved to be beneficial in strengthening the virtues of sharing and being sensitive to others, thus making it a meaningful experience.

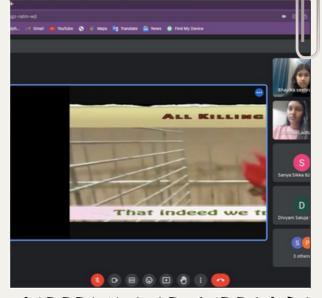


Students of Eco and Gardening Club embarked on a thoughtful plantation endeavor. Within the tranquil Jashan Kunj of our school premises, they planted saplings of Basil, Curry leaves, and Onion.

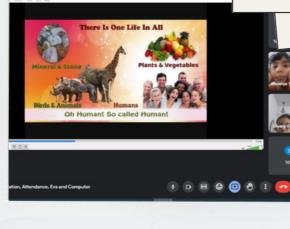




Students of Junior and
Senior classes engaged in
an online session on
vegetarianism and "Being
Human". The video shared a
powerful message,
encouraging the viewers to
embrace vegetarianism,
fostering love, care, and
respect for animals.



SCREENING OF VIDEOS TO PROMOTE VEGETARIANISM



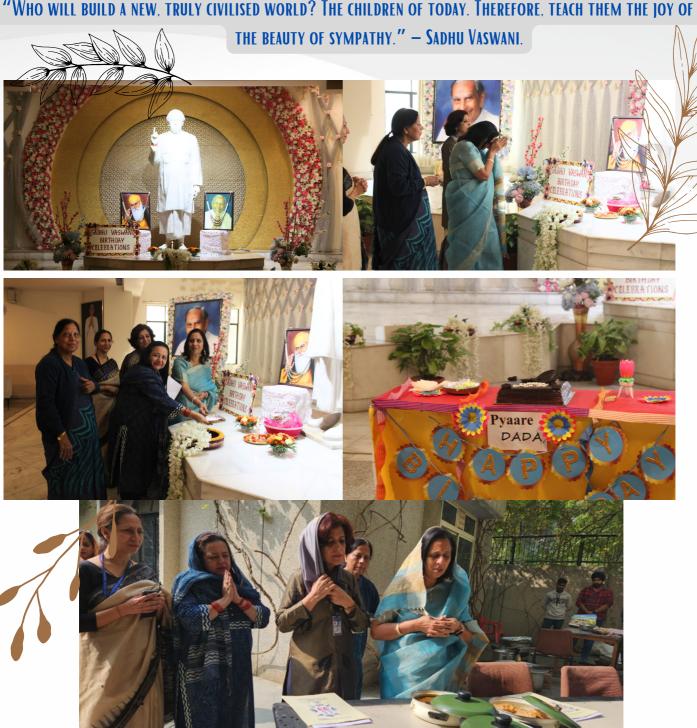




## Sadhu Vaswani's 149th Birth Anniversary

### **25 NOVEMBER 2023**

"Who will build a new, truly civilised world? The children of today. Therefore, teach them the joy of kindness,



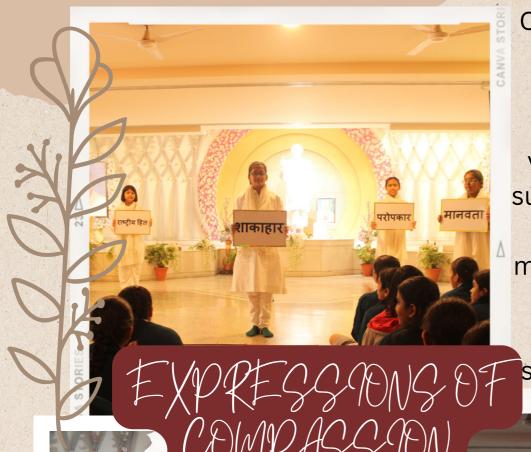
In the spirit of festivities that marked the 144th Birth Anniversary of our Gurudev, we embarked on a journey that mirrored the teachings of a visionary advocate for compassion and kindness, extending not only to our fellow humans but to every living being that shares this planet with us.



### **CULTURAL PERFORMANCES**



Our dancers presented Ganesh Vandana, a profound expression of reverence for all living beings, encapsulating the harmony we share with the universe. Through the soulful notes and lyrics of the song, "A Promise to Our Planet," our singers conveyed a powerful message of environmental responsibility and sustainability.



Our young students
eloquently
championed the
imperative of a
vegetarian diet for
sustaining our planet
through
meticulously crafted
podcasts, a
compelling radio
show, and engaging
skits.









## Leremo

PRIZE DISTRIBUTION







SCHOOL PRINCIPAL, DR. SANTOSH VYAS **GREETED THE AUGUST ASSEMBLY WITH HER SAGACIOUS WORDS AND INSPIRED THE AUDIENCE** TO BE CHANGEMAKERS. THE SCHOOL HEAD GIRL, **JAGRIVI MARWAH** PRESENTED THE **COMPREHENSIVE REPORT** OF THE MONTH LONG **ACTIVITIES UNDERTAKEN** BY OUR SCHOOL. MS. ANJALI AHUJA, THE **MEATLESS DAY CONVENER, EXPRESSED HER GRATITUDE AND PROPOSED** THE VOTE OF THANKS.



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In the spirit of selfless service, winter clothes were distributed to the students of Sankalp. We opened the doors of the Langar Sewa to one and all, for we, the followers of Gurudev,

believe that service to mankind is service to God.



