



## World Food Day

**Date- 16 October 2023**

**Conducted by- Class I to V**

*Let's share and care, so everyone has a meal to spare!*

During Navratri, students at our school celebrated with a Navratri Bhoj, which involved a community lunch. They enjoyed a variety of fasting items like kuttu pakora and sabudana khichadi, commonly consumed during this festive period. These food items are not only in lined with Navratri traditions but also healthy. For instance, buckwheat flour, used in kuttu is rich in nutrients and gluten-free, making it an excellent choice for those with dietary restrictions. The community lunch fostered class bonding as students shared a special meal, displayed the sense of togetherness and cultural understanding.

