

ANNUAL CURRICULUM PLAN

STEP - X





ANNUAL CURRICULAM PLAN (2023 – 24)

STEP: X
SUBJECT: English

Book (s): First Flight; Footprints without Feet Writing skills (Indiannica Learning), Words and Expressions

Months: April – May

Chapter/ Topic	Learning Objectives		Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based			
Prose (First Flight) A letter to God Nelson Mandela - Long Walk toFreedom Two Stories About Flying Poetry Dust of Snow Fire and Ice A tiger in the Zoo Supplementary Reader (FootprintsWithout Feet) A triumph of Surgery The Thief's Story The Midnight Visitor Grammar Tense: Past, Present and Future Writing Skill Formal letter (Letter to Editor; Letter of Complaint / Order / Enquiry) Words and Expression - Units 1 to 4	 Analyze the relationship between characters, and events in the story Assess understanding of the given lesson and associated grammar concepts Familiarity with the pattern / structure of writing the 'Formal letter' Develop a sense of understanding for the format and importance of writing a letter 	 Analyzing the character-traits of different characters Identify elements of a story (Characters, Theme/Plot, Setting, Conflict (challenge), Resolution) To use the critical / thinking ability and go beyond the text and come up with an alternative ending 	Activities: Poster designing (Art integration): How to save water in summer and whenit's in excess Filling out the form to send money using money order. Speech: 1. How to solve the difficult situation in life? 2. True liberty is freedom from poverty, deprivation, and all forms of discrimination.) Research and summarize the findings (Black American and their fight against discrimination) Resources; Structured Worksheets	 Vocabulary enhancement Letter writing (e.g., application of the elements to compose a personal letter in a clear, and coherent manner) Able to conduct the research and summarize the findingsusing appropriate tenseand sentence structure 	 Reading Skills (Story / Poem Reading and Oral comprehension check) Listening Skills (ASL – listening to the letter –First Flight,) Speaking Skills (Speech) Writing skills (Formal Letter; Composition) Comprehension skills (Analyzing the Character, e.g., seagull and comparing it with a baby who learns to walk, Q&A OTBA)

Months: July - August

Chapter/ Topic	Lea	rning Objectives	Activities & Resources	Expected Learning Outcomes	Assessment
Prose (First Flight) From the Diary of Anne Frank Glimpses of India Mijbil the Otter Poetry (First Flight) How to Tell Wild Animals The Ball Poem Amanda!	Knowledge/ Content Based Analyze the relationship between characters, and events in the story Assess understanding ofthe given lesson and associated grammar concepts (Reported Speech. Modals and Subject-verb	Application/ Aptitude Based Analyzing the character-traits of different characters Identify elements of a story (Characters, Theme/Plot, Setting, Conflict (problem), Resolution)	Activities & Resources Activities: Role Play Flip learning Conduct a survey (different talents that the classmates possess) and interview them		Reading Skills (Story and Poem Reading) Listening Skills (ASL – listening to theextract from 'The diary of Samuel Pepys)
Supplementary Reader (FootprintswithoutFeet) A Question of Trust Footprints Without Feet The making of a Scientist Grammar Reported Speech (Commands andRequests; Statements; Questions) Modals Writing Skill: Analytical Paragraph (based on outline/chart/cue/map/reportetc.) Words and Expressions- Units 5 and 6	Agreement) • Familiarity with the pattern / structure of writing the paragraph	To use the critical / thinking ability and go beyond the text and come up with an alternate ending	Resources: • Structured Worksheets	Express thoughts and put them in a sequence to explain it effectively.	 Speaking Skills(Role Play; Interviewing the classmates on the talents they possess Writing skills (Re-write the letter — , Diary entry and Paragraph writing) Comprehension skills (OTBA, Analyzing the Characters, Q&A)

Months: September - October

Chapter/ Topic	Learning Obj	ectives	Activities & Resources	Expected Learning Outcomes	Assessment
Prose (First Flight) • Madam Rides the Bus • The Sermon at Benares • Proposal (The Play) Poetry (First Flight) • The Tale of Custard the Dragon • The Trees • Fog Supplementary Reader (Footprintswithout Feet)	 Knowledge/ Content Based Analyze the relationship between characters, and events in the story Assess understanding of the given lesson and associated grammar concepts Familiarity with the pattern / structure of writing a short account and writing story 	Application/ Aptitude Based Analyzing the character-traits of different characters Identify elements of a story (Characters, Theme/Plot, Setting, Conflict (Challenge), Resolution) To use the critical / Thinking ability	Activities & Resources Activities: Group Discussion: How certain crafts declined and the ways they can be revived. Ethics of keeping wild animals as pets. Relevance of Buddha's teachings in today's times. Role Play: (Tea owner, tea planter, sales agent, tea lover (consumer), a physician) Make an advertisement Lost and found (Write an advertisement for the Lost and Found column of a local newspaper stating the loss of an expensive necklace at the bus stop)		Reading Skills (Reading an extract from Kahlil Gibran's 'The Prophet'; Story / Poem Reading) Listening Skills (ASL) Speaking Skills (Group Discussion; Role Play) Writing skills (Anger Management)
 The necklace Bholi The Book That Saved theEarth Grammar Determiners Writing Skill: Paragraph Writing Words and Expressions- Units 8, 10 and 11 		and go beyond the text and come up with an alternative ending	 Collage Making (art integration) on poster sheets of old/used tickets. Research: Collect information about the evolution, beneficial qualities of tea. Dum Charades (guessing feelings / emotions) Resources: Structured Worksheets 		Comprehension skills (OTBA, Analyzing the Character, Q&A)

Months: November - December

Chapter/ Topic	Learning A Objectives		Activities & Resources	Expected Learning Outcomes	Assessment
	Knowle dge/ Content Based	Application/ Aptitude Based		Skill Based	
(Recap) A letter to God Nelson Mandela - Long Walk to Freedom Two Stories About Flying Poetry (First Flight) For Anne Gregory (Recap) Dust of Snow Fire and Ice A tiger in the Zoo How to Tell Wild Animals Supplementary Reader (Footprintswithout Feet) (Recap) A triumph of Surgery The Thief's Story The Midnight Visitor A Question of Trust Grammar (Recap) Tense: Past, Present and Future Reported Speech (Commands and Requests; Statements; Questions) Writing Skill (Recap): Formal Letter Analytical Paragraph	Assess understanding of the given lesson and revising the associated grammar concepts (Tenses, Reported Speech, Modals, Subject-verb, Determiners) Proficiency with the pattern /structure of writing the 'Formal letter' and 'analytical paragraph'	 Identify elements of a story (Characters, Theme/Plot, Setting, Conflict (problem), Resolution) To use the critical / thinking ability and examining the choices offered by life. To understand the theme of the lesson –importance of love and understanding in marriage. 	Resources: • Structured Worksheets	Role enactment skills through dramatization and dialogue conversation with proper intonation, expressions, and voice modulation Vocabulary enhancement Self-expression and expressing thoughts and put them in a proper sequence	 Reading Skills (Story / Poem Reading) Listening Skills (ASL) Speaking Skills (Group discussion) Writing skills (Anger Management) Comprehension skills (OTBA, Analyzing the Character, Q&A)

Months: January - February

Chapter/Topic	Learning O	bjectives	Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
Prose (First Flight) (Recap) From the Diary of Anne Frank Glimpses of India Mijbil the Otter Madam Rides the Bus The Sermon at Benares Poetry (Recap) The Ball Poem Amanda! The Trees Fog The Tale of Custard the Dragon For Anne Gregory Supplementary Reader (FootprintswithoutFeet) (Recap) Footprints Without Feet The making of a Scientist The necklace Bholi The Book That Saved the Earth Grammar (Recap) Modals Subject verb concord Determiners Writing Skill (Recap): Formal Letter Analytical Paragraph	 Analyze the relationship, compare and contrast different characters, and events in the story Proficiency with the pattern / structure of writing the 'formal letter', Analytical paragraph' and the associated grammar concepts. (tenses, Modals, subject- verb agreement, determiners, reported speech) 	 Analyzing the character-traits of different characters Identify elements of a story (Characters, Theme/Plot, Setting, Conflict (problem), Resolution) Able to narrate the story and share related life experience. Able to describe the favourite character from the text with correct sentence structure 	Activities: JAM / HAM Flip learning Resources: Structured Revision Worksheets	 Active involvement in Group Discussion on the given theme / topic Vocabulary enhancement Self-expression Express thoughts and put them in a sequence to explain it effectively. Write formal letters and Analytical Paragraphs coherently in with a proper beginning, middle and end with appropriate punctuation marks. Able to write a letter to the Editor / Principal / class teacher using correct form of tenses 	 Reading Skills Listening Skills

वार्षिक पाठ्यक्रम योजना (2023-24)

कक्षा : X विषय : हिन्दी

पुस्तक: स्पर्श 2, व्याकरण दर्शिका 2, संचयन 2 (पूरक पाठ्य पुस्तक),रचनात्मक लेखन माह - अप्रैल-मई

पाठ/विषय	सीखने के लक्ष्य		गतिविधि & संसाधन	सीखने की संप्राप्ति	मूल्यांकन
	ज्ञान/तत्व पर आधारित	योग्यता पर आधारित		कौशल पर आधारित	
साहित्य स्पर्श-	• विभिन्न रिश्तों की	• शब्द कोष में आए नए	गतिविधियाँ	• उचित हाव-भाव के साथ	• पठन कौशल
पाठ 1. साखी (पृष्ठ-3)	जानकारी से अवगत	शब्दों का अपनी बात-	• कक्षा अभिनय।	कक्षा में पठन करना।	(कविता/कहानी का पठन)
पाठ 2. पद)(पृष्ठ-5)	कराना ।	चीत में प्रयोग करना।	• रैदास के पदों का गायन।	• कविता का लय के साथ	• श्रवण कौशल
गद्य खंड	• कविता एवं पाठ को लय	• कवि कबीरदास कुछ	• जीवन के दुखों और उन्हें दूर	गायन।	('बड़े भाई साहब संचयन 'कहानी
पाठ 1. बड़े भाई साहब	के साथ पढ़ना एवं नए	अन्य पद लिखिए	करने के विषय में विचार विमर्श।	• शब्द कोश बढ़ाना।	सुनना)
(पृष्ठ-7)	शब्दों से वाक्य बनना।	और अर्थ बताइए।	संसाधन	• रिश्तों के लिए सम्मान	• वाचन कौशल
संचयन -पाठ 1.हरिहर काका	• पदबंध आदि व्याकरण	• विभिन्न रिश्तेदारों	• अभ्यासकार्य पत्रक -	की भावना जगाना।	('हरिहर) काका' का कक्षा अभिनय)
(पृष्ठ-1)	विषयो की चर्चा।	के बारे में कक्षा में	अपठित गद्यांश (पृष्ठ-5)	• सदैव सहायता के लिए	• लेखन कौशल
व्याकरण-	• मेरी पर्वत यात्रा पर	चर्चा I	पदबंध (पृष्ठ-17)	तैयार रहना ।	(अपठित गद्यांश पर आधारित
अपठित गद्यांश(पृष्ठ 5)	अनुच्छेद लेखन।			• बड़ों का सम्मान	प्रशं उत्तर)
पदबंध (पृष्ठ-17) रचना के				सिखाना।	• अभिव्यक्ति कौशल
आधार पर वाक्य रूपांतरण					(वाक्य निर्माण, प्रश्नोत्तर) शब्द कोश
(पृष्ठ-111)					(कठिन शब्द तथा शब्दार्थ)
रचनात्मक लेखन-(पृष्ठ-7)					

माह- जुलाई -अगस्त

पाठ/विषय	सीखने के लक्ष्य		गतिविधि & संसाधन	सीखने की संप्राप्ति	मूल्यांकन
	ज्ञान/तत्व पर आधारित	योग्यता पर आधारित		कौशल पर आधारित	
साहित्य स्पर्श -	• मनुष्यता का महत्व	• बिहारी जी के विषय	गतिविधियाँ	• डायरी लेखन सिखाना।	• पठन कौशल
पाठ 3.बिहारी (दोहे)(पृष्ठ10)	बताना	में जानकारी एकत्रित	• उचितगति, एव लय के साथ	• ' सपनों के - से दिन'	(कविता/कहानी का पठन)
पाठ ४. मनुष्यता (पृष्ठ18) पाठ 5	• कविता एवं पाठ को	करना।	'मनुष्यता' पाठ का गायन।	पर अनुच्छेद लेखन।	• श्रवण कौशल
- पर्वत प्रदेश मे पावस (पृष्ठ-38)	लय के साथ पढ़ना।	• शब्द विचार	• उचित हावभाव के साथ 'सपनों के	• अपठित गद्यांश को हल	'मनुष्यता'पाठ का श्रवण'
पाठ 6 - मधुर मधुर मेरे दीपक	• शब्दज्ञान।	केमहत्वकीचर्चा।	- से दिन' पाठ का सस्वर पठन।	करना सीखना।	• वाचन कौशल
जल (पृष ् ठ-43)	• अर्जित व्याकरण ज्ञान	• रचना के आधार पर	• ततारा - वामीरों कथा' का कक्षा		'डायरी का एक पन्ना 'का
गद्य खंड-पाठ 2. डायरी का	रचना के आधार पर	वाक्य रूपांतरण	अभिनय।		कक्षा अभिनय)
एकपन्ना (पृष्ठ-13)	वाक्य रूपांतरण का	आदि व्याकरण विषयो	• पुस्तकालय का शिक्षा में महत्व के		• लेखन कौशल
पाठ ३. ततारा - वामीरोंकथा (पृष्ठ-	भाषा की विभिन्न	की चर्चा।	विषय में चर्चा करना।		(अनुच्छेद लेखन)
48)	परिस्थतियों मे प्रयोग।	• महादेवी वर्मा के	संसाधन		• अभिव्यक्ति कौशल
पाठ 4.तीसरी कसम के शिल्पकार		विषय में जानकारी	• अभ्यासकार्य पत्रक - रचना के		(वाक्य निर्माण, प्रश्नोत्तर)
शैलेन्द्र (पृष्ठ-69)		एकत्रित करना।	आधार पर वाक्यरूपांतरण (पृष्ठ-		• शब्द कोश (कठिन शब्द
संचयन- पाठ 2. सपनों के - से दिन		• दीपक के महत्व की	111)		तथा शब्दार्थ)
(पृष्ठ-33)		चर्चा।	• समास (पृष्ठ-118)		
पाठ ३- टोपी शुक्ला(पृष्ठ53)			• मुहावरे (पृष्ठ-180)		
व्याकरण- समास (पृष्ठ-					
118)मुहावरे (पृष्ठ-180) लघुकथा					
लेखन (पृष्ठ-286)					
रचनात्मक लेखन (पृष्ठ- 134)					

माह- सितंबर-अक्टूबर

पाठ/विषय	सीखने के लक्ष्य	गतिविधि & संसाधन	सीखने की संप्राप्ति	मूल्यांकन
	ज्ञान/तत्व पर आधारित योग्यता पर आधारित		कौशल पर आधारित	
<u>साहित्य</u>	• कठिन समय में सामंजस्य • विभिन्न तोपों के	गतिविधियाँ	• 'पर्वत प्रदेश मे पावस'	• पठन कौशल
<u>स्पर्श -</u> काव्य खंड	सीखाना। विषय में जानकारी	• देश की रक्षा के लिए	पाठ का श्रवण " की	(कविता/कहानी का पठन)
पाठ 7 - तोप (पृष्ठ-58)	• वाक-कौशल एवं चिंतन- एकत्रित करना।	हमेशा तैयार रहना	कहानी सुनाना।	• श्रवण कौशल
पाठ ८ - कर चले हम फ़िदा (पृष्ठ-	कौशल का विकास। • पत्र लेखन के महत्व	सिखाना।	• ' मधुर मधुर मेरे दीपक	पर्वत प्रदेश मे पावस 'पाठकाश्रवण)
65)	• पठन- लेखन कौशल का की चर्चा।		जल ' कविता का	• वाचन कौशल
पाठ ९ - आत्मत्राण(पृष्ठ73)	विकास, श्रवण कौशल का 🍨 विज्ञापन 🛮 का	संसाधन	गायन करवाना।	(ततारा - वामीरों कथा'
गद्य खंड पाठ ६ - अब कहाँ दूसरे	विकास। अभ्यास।	• अभ्यासकार्य पत्रक-	• 'कल्ल् कुम्हार की	का कक्षा में पठन)
के दुख से दुखी होने वाले (पृष्ठ-45)	• जीवन में जागरूकता की • अशुद्ध वाक्यों का	अन्च्छेद लेखन (पृष्ठ-	उनाकोठी' पाठ से	• लेखन कौशल
पाठ ७ - पतझर मे टूटी पत्तियां	महत्ता बताना। संशोधन की चर्चा।	240)	संबंधित प्रश्न छात्रों से	(अनुच्छेद लेखन)
(पृष्ठ-49)-गिन्नी का सोना - झेन्	• कर चले हम फ़िदा' पाठ	विज्ञापन लेखन (पृष्ठ-	पूछना।	• अभिव्यक्ति कौशल
की देन	के द्वारा वाक-कौशल एवं	240)		(प्रश्नोत्तर द्वारा कक्षाभिव्यक्ति)
पाठ 8- कारतूस(पृष्ठ-53)	चिंतन-कौशल का विकास।	240)		• शब्दकोश (वाक्यनिर्माण,शब्दार्थ)
<u>व्याकरण-</u> अनुच्छेद लेखन (पृष्ठ-240)				
विज्ञापन लेखन (पृष्ठ-२४०)पत्र				
लेखन (पृष्ठ-246)सूचना लेखन (पृष्ठ-				
246)ईमेल लेखन				
रचनात्मक लेखन (पृष्ठ-				
35,11972,111&62)				

माह- नवंबर -दिसंबर

पाठ/विषय	सीखने के लक्ष्य		गतिविधि & संसाधन	सीखने की संप्राप्ति मूल्यांकन
	ज्ञान/तत्व पर आधारित	योग्यता पर आधारित		कौशल पर आधारित
	• 'कर चले हम फ़िदा' पाठ के	• विभिन्न तोपों के	गतिविधियाँ	• 'तीसरी कसम' फिल्म • पठन कौशल(कविता/कहानी का पठन)
	द्वारा वाक-कौशल एवं	विषय में जानकारी	• अवकाश के लिए	बिखाना । • अवण कौशल 'कर चले हम फ़िदा' कविता क
पाठ्यक्रम	चिंतन-कौशल का विकास।	एकत्रित करना।	प्रार्थना पत्र लेखन	• 'कर चले हम फ़िदा' का श्रवण
पुनरावर्तन	• पठन- लेखन कौशल का	• पत्र लेखन के महत्व	• अपठित गद्यांश को	गायन करवाना। •वाचन कौशल('तीसरी कसम' का कक्षा अभिनय)
	विकास, श्रवण। कौशल का	की चर्चा।	हल करना सीखना ।	• मानवीय गुणों का विकास • लेखन कौशल (पत्र लेखन)
	विकास	• विज्ञापन का अभ्यास	संसाधन	करना और उन्हें जीवन में • अभिव्यक्ति कौशल(उचित हावभाव के साध
	• शब्दज्ञान।	1	• अभ्यासकार्य पत्रक -	सात्विक क्रियान्वयन के 'मिथिलेश्वर ' पाठ का सस्वर पठन)
	 मेहनत की विशेषता बताना 		पत्र लेखन (पृष्ठ-246)	लिए प्रेरित करना। • शब्द कोश (अपठित गद्यांश पर आधारित प्रश्न/उत्त

माह- जनवरी -मार्च

पाठ/विषय	सीखने के लक्ष्य		गतिविधि & संसाधन	सीखने की र	संप्राप्ति	मूल्यांकन
	ज्ञान/तत्व पर आधारित	योग्यता पर आधारित		कौशल पर 3	गधारित	
पाठ्यक्रम	• पतियों के महत्व को	• राही मासूम रजा के	• गतिविधियाँ	• 'पतझर में व	ट्रटी पत्तियां'	पठन कौशल (कविता/कहानी का पठन
पुनरावर्तन	बताना।	विषय में जानकारी	"आत्मत्राण पाठ का वाचन तथा अर्थ	पाठ का वाच	न तथा अर्थ	• श्रवण कौशल ('आत्मत्राण' कहानी सुनना)
	• दूसरों के दुख को	एकत्रित करना।	सम्प्रेषण।	सम्प्रेषण।		• वाचन कौशल' पतझर मे टूटी पत्तियां'
	समझने की महता	• लघुकथा लेखन के	' अब कहाँ दूसरे के दुख से दुखी	• गिन्नी तथा	सोना के	का कक्षा अभिनय)
	बताना।	महत्व की चर्चा।	होने वाले ' पाठ का अभिनय	विषय में चर्चा	करना।	• लेखन कौशल (लघुकथा लेखन)
	• लघुकथा लेखन की	• 'कारतूस' के विषय में	करवाना।	• लघुकथा के	ज्ञान के लिए	• अभिव्यक्ति कौशल
	चर्चा।	जानकारी ।	• संसाधन-	छात्रों को	समूह में	(लघु कथा के पात्रों का विश्लेषण, प्रश्नोत्तर)
			अभ्यासकार्य पत्रक-	विभाजित क	र अभ्यास	• शब्द कोश (कठिन शब्द तथा शब्दार्थ)
			लघुकथा लेखन (पृष्ठ-286)	करना।		

ANNUAL CURRICULUM PLAN (2023-24)

STEP: X
SUBJECT: Maths

BOOK/S: NCERT & NCERT Exemplar

Months: April-May

Chapter/ Topic	Learning Ol	pjectives	Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
 Chapter 1: Real Numbers Euclid's Division Fundamental Theorem of Arithmetic Irrational Numbers Decimal Representation of Irrational Numbers 	Use the Fundamental Theorem of Arithmetic in order to calculate HCF and LCM of the given numbers in the context of the given problem Recall the properties of irrational number in order to prove that whether the sum/difference/product/ quotient of 2 numbers is irrational or not Apply theorems of irrational number in order to prove whether a given number is irrational or not Apply theorems of rational numbers in order to find out about the nature of their decimal representation and their factors	 Apply Euclid Division Algorithm in order to obtain HCF of 2 positive integers in the context of the given problem Apply Euclid Division Algorithm in order to prove results of positive integers in the form of ax+b where a and b are integers Extend the law of exponents in order to simplify a given expression. 	 Apply Euclid Division Algorithm in order to obtain HCF of 2 given numbers in the context of the given problem Finding out whether the sum or product of rational and irrational numbers is rational or irrational. 	Logical Skills Generalises properties of numbers and relations among them studied earlier, to evolve results, such as, Euclid's division algorithm, fundamental theorem of arithmetic in order to apply them to solve problems related to real life contexts	 Problem Solving (MCQ, OTBA) Writing Skills Word problems HOTS Case Studies
 Chapter 2: Polynomials Geometrical meaning of Zeroes of a Polynomial Relationship between Zeroes and Coefficients of a Polynomial Division Algorithm for Polynomials 	 Recall degree of polynomial in order to find the number of zeroes of polynomial Analyse the graph of the polynomials in order to find the number of zeroes of polynomial Compute zeroes of the polynomials in order to verify the relationship between zeroes and the coefficients 	 Compute the sum and product of zeroes of the polynomial in order to find the quadratic polynomial Divide the two given polynomials in order to verify the division algorithm. Divide the given polynomial with its known zero in order to find all the other zeroes of that polynomial 	Students will be able to multiply polynomials using algebra tiles in order to solve polynomials related problems Card Game	Strategic thinking skills Uses algebraic and graphical method of finding zeroes of a polynomial in order to establish a relationship between them	

Chapter/ Topic	Learning Objectives		Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
 Chapter 3: Pair of Linear Equations in Two Variables Introduction and Properties Graphical Method of Solution of a Pair of Linear Equations Algebraic method for solving Linear Equations Equations Reducible to a Pair of Linear Equations in Two Variables. 	 Interpret the concepts of linear equations in order to represent any given situation algebraically and graphically Calculate the ratio of coefficients of linear equations in order to discuss the nature of pair of linear equations. 	Use the most appropriate algebraic method in order to solve the given pair of linear equations	To demonstrate given two linear equations in order to comment on the nature/behaviour of the lines representing the linear equations.	Problem Solving Skills Uses graphical and other methods in order to finds solutions of pairs of linear equations in two variables	
Chapter 4: Quadratic Equations Introduction to Quadratic Equations Roots of a Quadratic Equation Nature of Roots	Write Quadratic Equation in order to represent the given situation algebraically	Use the most appropriate algebraic method in order to find roots of quadratic Equations	Finding the general term (Tn) of a quadratic pattern in many ways	Application Skills Demonstrates knowledge of application of various strategies in order to find roots and determine the nature of roots of a given equation	 Problem Solving (MCQ, OTBA) Writing Skills Word problems HOTS Case Studies
Chapter 5: Arithmetic Progressions Introduction nth term of AP Sum of an AP	 Produce patterns in order to observe that succeeding terms are obtained by adding a fixed number to the preceding terms Distinguish between finite and infinite AP in order to determine the nature and write the last term of the given AP Construct circle passing through 1, 2 & 3 non-collinear points in order to comment on how many circles can be constructed passing through them 	 Calculate the nth term of a given AP in order to find its terms and their nature Calculate the sum of a given AP in order to get the solution for a real-life word problem Calculate the last term of the given AP in order to find the solution for a real-life word problem 	translate from algebraic to numerical and graphical representations of arithmetic sequences in order to understand the progression patterns	Strategic Thinking Skills Develops strategies in order to apply the concept of AP to daily life situations	
Chapter 15: Probability • Probability — A Theoretical Approach	Differentiate between Empirical probability and theoretical probability in order to find the two for a variety of cases Represent using organized lists, tables, or tree diagrams in order to List the sample space for compound events	Calculate the probability of given events in an experiment in order to comment whether they are complementary events/ Sure event/ impossible event Calculate the probability of various events in order to rank them from most to least probable	Students will notice that theexperimental and theoretical probabilities differ over smaller samples but converge with larger samples	Logical Skills Calculates in order to determine the probability of a given event	

Months: July - August

Chapter/ Topic	Learning (Objectives	Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
Chapter 6: Triangles Similar figures Similarity of triangles Criteria for similarity of Triangles Areas of Similar Triangles Pythagoras Theorem	 Distinguish between congruency and similarity in order to understand the concept of similar figures Apply basic proportionality theorem and its converse in order to determine the ratio of sides in the given triangle(s) Apply basic proportionality theorem and its converse in order to determine the ratio of sides in the given triangle(s) 	 Apply Heron's formula in order to calculate the area of a Triangle Compute the area of similar triangles in order to find the relation between their sides, medians, mid points of the triangles Apply Pythagoras theorem and its converse 	To explore and apply various criterions of similarity in order to prove whether given triangles are similar or not	HOTS Uses different geometric criteria established earlier such as basic proportionality theorem etc. in order to establish properties for similarity of two triangles	
Chapter 7: Coordinate Geometry Introduction Distance Formula Section Formula Area of a Triangle	Identify x and y coordinate in order to plot points on the graph.	 Apply distance formula in order to solve various mathematical and real-life situations graphically Apply distance and section formula in order to determine the vertices/diagonals/mid points of given geometrical shapes Apply and derive the formula of area of triangle geometrically in order to determine the area of quadrilateral/triangle 	Apply and derive distance formula in order to determine the distance between two coordinates on the graph	HOTS Derives formulae to establish relations for geometrical shapes in the context of a coordinate plane, such as finding the distance between two given points, in order to determine coordinates of a point between any two given points to find area of a triangle etc.	 Problem Solving (MCQ, OTBA) Writing Skills Word problems HOTS Case Studies
Chapter 8: Introduction to Trigonometry Trigonometric Ratios Trigonometric Ratios of Some Specific Angles Trigonometric Ratios of Complementary Angles Trigonometric Identities	 Define and distinguish various trigonometric ratios in order to describe and verify sine, cosine, tangent, cosecant, secant, cotangent of an angle Use given trigonometric ratio(s) in order to find and verify other trigonometric ratios/angles of the triangle Compute the trigonometric ratio of 0°, 30°, 45°, 60°, 90° in order to know and apply the value of specific angles 	Compute the trigonometric ratio of complimentary angles in order to apply the values in mathematical problems Compute and apply trigonometric identities in order to simplify and solve mathematical problems	Me and my shadow	Problem Solving and Critical Thinking Determines all trigonometric ratios with respect to a given acute angle (of a right triangle) in order to use them in solving problems in daily life contexts like finding heights of different structures or distances from them	

Chapter/ Topic	Learning Objectives		Activities & Expected Learning Resources Outcomes		Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
Chapter 9: Some Applications of Trigonometry • Heights and Distances •	Identify line of sight in order to determine angle of elevation and angle of depression	Apply trigonometric ratios (of specific angles) in order to determine heights and distances of the objects	Constructing a clinometer	• Analytical Skills and Problem Solving Skills Determines all trigonometric ratios with respect to a given acute angle (of a right triangle) in order to use them in solving problems in daily life contexts.	
Chapter 10: Circles • Tangent to a Circle Number of Tangents from a Point on a Circle	Draw, identify and differentiate between secant and tangent of a circle in order to prove and apply various theorems related to circles	 Prove and apply theorems related to tangent of a circle in order to determine number of tangents from the given point(s) Prove and apply theorem related to tangent of a circle in order to determine length of the tangent 	Use triangle congruence criteria in order to demonstrate why certain properties of parallelograms hold true Venn Diagram	Problem Solving Skills Applies appropriate theorem in order to solve the given problems.	Problem Solving (MCQ, OTBA) Writing Skills Word problems Analytical Skills Data Interpretation HOTS
Chapter 12: Areas Related to Circles • Perimeter and Area of a Circle — A Review • Areas of Sector and Segment of a Circle Areas of Combinations of Plane Figures	Describe the relationship between circumference and diameter of a circle in order to define Describe sector and segment of a circle in order to differentiate between the two Describe minor and major sector, segment of a circle in order to differentiate between the two	sector and segment of a circle in order to compute the area of a specified region Calculate the length of an arc of a circle in order to comment whether it is the major arc or minor arc	To construct a tangent to a circle at a point on it when the centre of the circle is known and calculate the area of the figures thus formed	Problem Solving Skills Applies appropriate formulae in order to find areas of sectors and segment.	Case Studies

Months: September – October

Chapter/ Topic	Learning Objectives		Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
 Chapter 11: Constructions Division of a Line Segment Construction of a similar triangle Construction of Tangents to a Circle 	List steps for all the constructions	 Execute steps of construction in order to: Divide a Line Segment Construct of a similar triangle Construct Tangents to a Circle 		Presentation Skills Examines each step and reasons out each step, in order to: A) Construct a triangle similar to a given triangle B) Construct a pair of tangents from an external point to a circle and justify procedures	Problem Solving (MCQ, OTBA) Writing Skills Word problems HOTS Case Studies
 Chapter 14: Statistics Mean, Median and mode of Grouped Data Graphical Representation of Cumulative Frequency Distribution 	Compute the mean and mode of the given data in order to interpret the two measures of central tendency. Differentiate between mean, median and mode with examples in order to understand most effective measure of central tendency in various cases. Derive the co-ordinates to plot on the graph in order to represent the two ogives.	 Apply direct/assumed mean method in order to calculate the mean of the grouped data Apply formula for the median of a given grouped data in order to calculate missing values of Frequency Graph both ogives for the data obtained in order to determine the median of the given grouped data 	Students will be able to 1. construct a histogram from data with 70% accuracy 2. calculate mean, median, mode, and range from data with 70% accuracy. • 3. construct a circle graph from the data in a histogram with 70% accuracy	Problem Solving Skills Calculates mean, median and mode in order to apply them to real life contexts	Writing/ Presentation Skills Construction problems
 Chapter 13: Surface Area and Volumes Surface Area of a Combination of Solids Volume of a Combination of Solids Conversion of Solid from One Shape to Another Frustum of a Cone Applications of surface areas and Volumes 	Use concepts of surface areas and volumes for a variety of 3- D objects in order to apply into real life situations	 Apply formulas of surface area of 3D solids in order to derive the area of a new solid Apply formulas of volume of 3D solids in order to derive the volume of a new solid Apply formulas of volumes of 3d solids in order to derive the volume of the new converted solid Apply the formula of surface area of a cone in order to derive the area of the frustrum Apply the formula of volume of a cone in order to derive the volume of the frustrum 	to find a relation between the side and surface area/volume of a cube to construct cones with a rectangular piece of paper and analyse its properties.	Observation and Presntation Skills Visualizes objects in surrounding as a combination of different solids like cylinder and a cone, cylinder and a hemisphere, combination of different cubes etc.in order to find their surface areas and volumes	Problem Solving (MCQ, OTBA) Writing Skills Word problems HOTS Case Studies •

Months: November-December

Chapter/ Topic	Learning Objectives		Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
• Entire Syllabus	Revision	Revision	Worksheets and Sample Papers	Revision	 Problem Solving (MCQ, OTBA) Writing Skills Word problems HOTS Case Studies

Months: January-Februray

Chapter/ Topic	Learning Objectives		Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
Entire Syllabus	Revision	Revision	Worksheets and Sample papers	Revision	Problem Solving (MCQ, OTBA) Writing Skills Word problems HOTS Case Studies

ANNUAL CURRICULUM PLAN (2023-24) STEP: X

SUBJECT: SCIENCE

Books: NCERT – Science – Book 10, NCERT Exemplar, Madhubun Laboratory Manual for Science-10

Months: April - May

Chapter/ Topic	Learning Obj	ectives	Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/Content Based	Application/Aptitude Based		Skill Based	
Chapter 1: Chemical reactions and equations	 Chemical equation Balanced chemical equation and its implications Types of chemical reactions 	 To be able to compare initial and final substances to check if the reaction is physical or chemical. To be able to classify reactants and products. 	Lab Practical	 To be able to calculate using the number of atoms in reactants and products to balance a chemical equation. To be able to differentiate materials based on properties. 	 OTBA Match the following Long/short answer questions Fill in the blanks One word/MCQ Chemical equations balancing
Chapter: 6 Life processes	 Basic concept of nutrition Respiration Transport and excretion in plants and animals. 	 Able to use and interpret scientific vocabulary. To be able to correlate the different metabolic pathways and its functioning. 	 Lab Practicals No: 6 & 7 Diagrams 	 To be able to explain the use of abiotic components by autotrophs to gain nutrition. To be able to identify anomalies in the function various human organ 	 Match the following Long/short answer questions Fill in the blanks

Chapter 12:	Electric current	To be able to calculate	• Lab Practicals –	systems by observing them. • To be able to calculate	One word/MCQAssertion ReasonLong/short
Electricity	 Resistance, Resistivity Heating effect of electric current and its applications. Electric power, Interrelation between P, V, I and R. 	 To be able to calculate effective resistance. To be able to verify Ohm's law. 	No: 4 & 5 Circuit Diagrams – 210, 213, 215 Numerical Problems	power, in order to represent electric consumption in domestic circuits. To be able to identify the electrical components and their functions, in order to build a functioning circuit.	 answer questions Fill in the blanks One word/MCQ Match the following Diagrams
Chapter 15: Our Environmen t	 Eco-system Environmental problems Ozone depletion Waste production and their solutions. Biodegradable and non-biodegradable substances 	 To be able to tabulate organisms feeding on one another. To be able to classify different waste products as biodegradable or nonbiodegradable, to assess their effect on environment. To be able to identify challenges to protect the ozone layer and effect of its depletion. 	• Diagrams	 To be able to show concern towards preservation of environment. To be able to analyze the impact of human activity on environment. To be able to find out ways to protect the ozone layer. 	 OTBA Match the following Long/short answer questions Fill in the blanks One word/MCQ

Months: July - August

Chapter/ Topic	Learn	ing Objectives	Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/Content Based	Application/ Aptitude Based		Skill Based	
Chapter 2: Acids, Bases and Salts	 Definitions General properties Examples and uses Concept of pH scale 	 To understand the use of pH in real life. To be able to observe the action of indicators. To be able to understand neutralization reaction. 	Diagram – pH scale	 To be able to identify strong and weak acids and bases, acidic, basic and neutral salts. To be able to identify acidic and basic reactions and treat them accordingly, like stomach acidity, insect bite. 	 Match the following Long/short answer questions Fill in the blanks One word/MCQ
Chapter 3: Metals and non- Metals	 Properties of metals and non-metals Reactivity series. Basic metallurgical processes, corrosion, and its prevention. 	Observe various substances and their physical properties in order to classify them as metals or non-metals.	Formulas and equations	 To identify ways to prevent corrosion, alloy, painting, coating. To be able to find ways to extract metals from their oxides. To be able to use metals based on their reactivity. 	 OTBA Match the following Long/short answer questions Fill in the blanks One word/MCQ Chemical equations balancing
Chapter 7: Control and Coordination	 To understand that the control and coordination are the outcome of the hormones and nervous system. To know the responses of Nervous system as Reflex action, Voluntary 	 Voluntary action and involuntary action. Functionally understand that Chemical coordination is found both in plants and animals. Draw structure of neuron, reflex arc and Human brain. 	DiagramsFlow charts	 Analytical skills (scrutinizing a response as reflex voluntary and involuntary) Problem solving (investigating and applying established principles to justify an observation) 	 OTBA MCQ Assertion reasoning. Long/short answer questions

Chapter 8: How do organisms reproduce?	 action and involuntary action. Reproduction in animals and plants (asexual and sexual) Reproductive healthneed and methods of family planning. Safe sex versus HIV/AIDS. Childbearing and women's health 	 To be able to list down the reasons for changes in DNA copying and their effect on ecosystem, to understand importance of variations. To be able to list down the changes occurring in male and female body in teenage years, to understand effects of puberty. 	 Lab Practicals – No: 12 & 15 Diagrams – page no 129, 131,134,135,137 	 To be able to Relates processes and phenomena with causes / effects, such as hormones with their functions. To be able to apply scientific concepts in daily life and solving problems, such as taking precautions to prevent sexually transmitted infections. 	 OTBA Match the following Long/short answer questions Fill in the blanks One word/MCQ Diagrams
Chapter 13: Magnetic effects of current	 Magnetic field Current carrying coil or solenoid Force on current carrying conductor Fleming's Left/ right Hand Rule. Direct Current/ Alternating current Domestic electric circuits. 	 Students will be able to compare and contrast the effects of electric current and magnetic field. Students will be able to interpret working of electric motor and generator. Students will be able to apply magnetic effect of electric current in real life. 	 NCERT Activities: 13.1, 13.2 & 13.3 Diagrams 	 To be able to discuss electromagnetic induction, to understand how a moving magnet can be used to generate electric currents. To be able to explain deflection of compass needle due to magnetic effect of electric current. 	 Long/short answer questions Fill in the blanks One word/MCQ Match the following

Months: September - October

Chapter/ Topic	Learr	ning Objectives	Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
Chapter 4: Carbon and its compounds	 Covalent bonding in carbon compounds. Versatile nature of carbon. Nomenclature of carbon compounds 	 Classification of hydrocarbons and homologous series. To be able to predict formulae of carbon compounds and illustrate structure of molecules. 	 Lab Practicals – No: 8 & 9 Quiz – chemical formulae and structure 	 To be able to explain reaction of carbon compounds with various materials, like nickel catalyst, hydrogen etc. To be able to identify proper usage of carbon compounds based on their property. 	 OTBA Match the following Long/short answer questions Fill in the blanks One word/MCQ Chemical formula & structure
Chapter 9: Heredity and Evolution	 Heredity Mendel's contribution- Laws for inheritance of traits Sex determination 	 To be able to understand how traits are inherited. To be able to understand how changes in DNA can lead to stronger species. 	NCERT Activity: 9.1FlowchartsDiagrams	 To be able to explain the combination of sex chromosome and challenge any taboo related to gender. To be able to find relationship between species. 	 Match the following Long/short answer questions Fill in the blanks One word/MCQ
Chapter 10: Light reflection and refraction	 Spherical mirror image formation. Definitions Mirror formula Refraction of light 	 To be able to understand light reflection & refraction. To be able to compare speed of light in different mediums. Express u, v, f in the mirror formula in order to apply sign convention. 	 Lab Practicals – No: 10 & 11, 14 Ray Diagrams -162, 164,165, 167,169, 176-182 	 To be able to calculate power of lens by using formula. Deduce the nature and size of image. 	 Long/short answer questions Fill in the blanks One word/MCQ Match the following Diagrams

Chapter 11: The human eye and the colorful world	 Functioning of a lens in human eye Colour vision/defects of vision and their correction Applications of spherical mirrors and lenses. Refraction of light, Tyndall effect 	 To be able to understand the usage of various lens to rectify defects of human eye. To understand application of refraction and Tyndall effect. 	 Lab Practical- 13. Diagrams – 187, 189, 190,193 	 To be able to understand cause and effect of defects in human eye. To able to take precautionary measures to prevent such defects. 	 Long/short answer questions Fill in the blanks One word/MCQ Match the following Diagrams
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Months: November - December

Revision- Whole Syllabus

Months: January - February

Revision- Whole Syllabus

ANNUAL CURRICULUM PLAN (2023-24)

STEP: X
SUBJECT: SOCIAL STUDIES

NCERT BOOK: India and the Contemporary World – II, Contemporary India – II, Democratic Politics – II, Understanding Economics Development Map Book: INDIANNICA LEARNING- Map and Activity Workbook

MONTH: APRIL-MAY

Chapter/ Topic	Learning Obj	ectives	Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/Aptitude Based		Skill Based	
Economics Chapter 1- Development	To explain what development is, what are common goals, mix of goals, sustainable development.	Analyze the role of humans as an important component of development.	Group Activity: methods of comparing the countries.	To help them understand Infant Mortality Rate , Literacy Rate etc.	 Written test Group Discussion HW notebook Subject Enrichment Activities.
Economics Chapter 2- Sectors of Indian Economy	To explain how Economic activities, though, are grouped into three different categories, are highly interdependent.	Comparing and contrasting data and graphs given in the textbook to understand the importance of tertiary sector.	•Debate: Unification of Italy.	To enable them in classifying economic activities into sectors on various parameters.	Worksheet Intext graphs
Political Science Chapter 1 – Power Sharing Chapter 2- Federalism	 Inquire how and why power is shared in a democracy. Analyze the advantages of power sharing in modern democracies. Develop the attribute it to the federal structure of governance. 	Relate that how the absence of power sharing leads to ethnic conflicts.	 Chart on sharing arrangement in modern democracies. Debate on related topic. 	 Compare the power sharing at various levels in India with other countries. Discover the nature of that federal system practiced in various countries. 	 Draw the flow chart in notebooks on vertical and horizontal power sharing. Assignment & worksheets, Map Skills, Assignment & worksheets, Map Skills
Geography Chapter 1: Resources and Development	Understands the difference between various types of soils and its depletion.	Enlist the reasons for land degradation.	Observe objectives of Earth Summit.	Mention, Examine and distinguish between the types of resources. Focus on the need to control land degradation and soil erosion.	 Visual illustrations in the book. Map of India showing distribution of soil types.Map Book Pg.1
History Chapter 1-The Rise of Nationalism in Europe	To analyze difference between nation state and Nationalism.	Establish the relationship and bring out the difference between European nationalism and anticolonial nationalisms.	•Students will work in pair and discuss about the factors contributing to the growth of collective belongingness and common identity among people	Critically think about how the advent of the idea of nation.	 Worksheet Intext graphs Map Book Pg. 45

MONTH: JULY – AUGUST

Chapter/ Topic	Learning Objectives		Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
Political Science Chapter 6- Political Parties	To understand the meaning of political party.	To speak about necessity of political parties in democracy	Classifying the list of parties and concluding with the importance of regional and national parties.	•The meaning and components of political party.	MCQ questions related to democracy.
History Chapter 2- Nationalism in India	Trace the origin of the growth of Nationalism in India.	Infer the role of women in independence struggle of India.	 Prepare a flow chart showing the important movements, its common & different factors, and the nature of movement & Pattern of participation. 	• Identify the ways through which the Britishers exploited Indians.	Discussions, Group work Mind Map, Brainstorming questions, Map Activity Map Book Pg. 54
History Chapter 3- The Making of Global World	Analyze the implication of globalization for local economies.	Explain the impact of the First World War on Britain's economy.	Concept Map, Newspaper cuttings of Great Economic Depression.	Examine the role played by IMF and the World Bank.	Written test ,Group Discussion, Map activity Map Book Pg. 62
Economics Chapter 3- Money and Credit	Differentiate between barter system and monetary system	Evaluate the role of SHGs in creating credit for the poor.	Visit the bank and interview the branch manager to understand the working of the modern banking system.	Appreciate the use of modern-day currency.	Mind Map, Self- Assessment Material Project work
Geography Chapter 2- Water Resources	Identify the causes of water scarcity in India.	 Compare and contrast the advantages and disadvantages of multipurpose river valley projects. 	Collect articles from newspapers and magazine will be shared in class on water disputes.	Suggest ideas to control water pollution.	Written test , Group Discussion, Map activity Worksheets Map Book Pg.11
Political Science Chapter 4- Gender, Religion and Caste	Identify and analyze the challenges posed by communalism to Indian democracy.	Develop a gender perspective on politics.	Collect articles from newspapers and magazine will be shared in class on the topic	 Recognize the enabling and disabling effects of caste and ethnicity in politics. 	Written test , Group Discussion Worksheets
Geography Chapter 3- Agriculture	Differentiate between various types of Agriculture on the basis of geographical conditions.	 Analyze the role of Institutional and technological Reforms in agricultural development. 	Debate: Impact of Globalization.	 Describe different basic farming methods used in different parts of India. 	Worksheet Intext graphs Map Book Pg.18

MONTH: SEPTEMBER –OCTOBER

Chapter/ Topic	Learning Objective	ves	Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
Economics Chapter 4- Globalization and the Indian Economy	Understand how MNCs set up base across the world.	Analyze market economy before and after globalization	Critically answer the below Example-1-: Solutions to monopolies Example-2: Open economies benefit consumers	 Understands the challenges experienced while opening economies Responsible international trade practices. 	Oral Questions Activity involvement Written test
History Chapter 4 - The Age of Industrialisation	• Familiarize with the Pro- to Industrial phase and Early –factory system.	Enable them to understand industrialization in the colonies with reference to Textile industries.	Interpret the picture given the book.	Familiarize with the process of industrialization and its impact on labour class.	Oral Questions Activity involvement Written test Picture Study Map Book Pg. 69
History Chapter 5- Print Culture and the Modern World	Identify the link between print culture and the circulation of ideas.	Identify the link between print culture and the circulation of ideas.	 Interpret the picture given the book. Explain relationship between print culture, public debate and politics. 	Understand that forms of writing have a specific history, and that they reflect historical changes within society and shape the forces of change	Oral Questions Activity involvement Written test Map Book Pg.75
Political Science Chapter 7. Outcomes of Democracy:	Analyze difference between challenges and problems in democracy.	Develop citizenship through understanding the contribution of people in the transition of power from non- democratic to democratic regime.	Group Learning: Discuss Different features of democracy.	Different problems of democracy, differentiate between democratic and non-democratic government.	MCQ questions related to democracy.
Geography Chapter 5- Mineral and Energy Resources	Identify different types of minerals and energy resources and places of their availability.	To know the mode of occurrence of Minerals - Where are these minerals found?	Locate the Minerals (Identification only)Iron Ore ,Coal Mines, Thermal & Nuclear Power Plants	Feel the need for their judicious Utilization of resources	Oral Questions Activity involvement Written test Map Work Pg. 26
Geography Chapter 6- Manufacturing Industries	 Understand the importance various types of industries of India and their contribution in the economy. 	Develop awareness towards steps to be taken to minimize environmental degradation by industries.	Group Activity: Discuss the classification of industries.	Locate Multipurpose Projects of India -Dams	Oral Questions Activity involvement Written Test Map Work Pg. 33
Geography Chapter 7- Lifelines of Indian Economy	 Understand about the lifelines of national economy such as roadways, railways, airways, waterways, and pipelines. Explain the importance of transport and communication in the ever-shrinking world. 	Describe the role of trade in the world economic development of a country.	Group discussion on railways will help to learn the importance of railways and its role in multifarious activities.	Assess the vital role played by the different modes of transport.	Written test Group Discussion Map activity Pg.38

MONTH: NOVEMBER – JANUARY

Chapter/ Topic	Learning Ob	Learning Objectives		Expected Learning Outcomes	Assessment
	Knowledge/Content Based	Application/ Aptitude Based		Skill Based	
Revision Pre-Boards					Worksheets

ANNUAL CURRICULUM PLAN (2023-24)

STEP: X
SUBJECT: French

Book: Entre Jeune-2 Months : April- May

Chapter/ Topic	Learning Objectives		Activities & Resources	Expected Learning Outcomes	Assessment
Leçon 1 – La Famille Leçon 2- Après le bac	Knowledge/ Content Based Se presenter Decrire un lieu Demander un avis Exprimer ses preferences Ecrire des lettres Demander un renseignement Les proverbs Ecrire une lettre	Application/ Aptitude Based La recapitulation de la grammaire Les expressions Le futur anterieur La forme nominale Les pronoms relatifs - simples et composes Le plus-que parfait	Activities: Discuter des préférences (Friends discussing their preferences – Role play) Resources: Entre Jeune-2 Setrite	Skill Based • Les etudiants pourront se présenter, présenter quelqu'un d'autre, décrire un endroit, exprimer leurs préférences	 Reading Skills (New words and Sentence Reading) Listening Skills (Audio Dialogues) Speaking Skills (Role Play) Writing skills (Dialogue conversation) Comprehension skills
					(Analyzing the new words) Communication Skills (Role Play) Vocabulary (Dictation)

Months: July- August

Chapter/ Topic	Learning Objectives		Activities & Resources	Expected Learning Outcomes	Assessment
Leçon – 3- Chercher du travail Leçon – 4- Le plaisir de lire Leçon – 5- Les medias Leçon – 6- Chacun ses gouts	Knowledge/ Content Based Se renseigner Decrire la carriere Conseiller quelqu'un S'inscrire a la bibliotheque Inviter quelqu'un Raconter un evenement Faire un c.v en français S'informer Raconter des faits divers Decrire une emission televisee Exprimer ses gouts Inviter quelqu'un Raconter une histoire Décrire une visite au musée/ au	Application/ Aptitude Based Les pronoms relatifs - simples et composes Le plus-que parfait La forme nominale Pronoms personelles : Y & en Les pronoms démonstratifs simples et composes		Skill Based • Les etudiants pourront s'informer, décrire leur carrière, conseiller quelqu'un, s'inscrire a la bibliothèque, Raconter un evenement • Les etudiants pourront raconter des faits divers, décrire leur emission préférée, exprimer leurs gouraconter une histoire, décrir une visite	 Reading Skills (New words and Sentence Reading) Listening Skills (Audio Dialogues) Speaking Skills (Role Play) Writing skills
	cinema		Together With		

Months: September- October

Chapter/ Topic	Learning Objectives		Activities & Resources	Expected Learning Outcomes	Assessment
Leçon – 7- En pleine forme Leçon – 8- L'environnement Leçon – 9-Metro, boulot, dodo	Knowledge/ Content Based Parler de la forme physique Discuter de bonnes habitudes de la vie Exprimer son etat	Application/ Aptitude Based • Les pronoms possessi ves • Le subjonct if	Activities: Invitez ton ami au club jouer un match de tennis.(Students to write a message to their friend, inviting him/her	Skill Based • Les etudiants pourront discuter de bonnes habitudes de la vie, exprimer leur etat de sante, parler de	 Reading Skills (New words and Sentence Reading) Listening Skills (Audio Dialogues)
	de la sante Parler de l'environnement Exprimer la necessite et les sentiments Parler de la vie urbaine Parler des moyens de transport publics Exprimer un desir/ un regret Interdire	Nepas + infinitif du verbe	to the club for playing a tennis match.) Preparez une affiche sur le recyclage.(Students to prepare a poster on recycling.) Proteger de l'environment (Students will suggest ways of protecting the environment with the help of drawing.)	l'environnement, exprimer des sentiments • Les etudiants pourront parler de la vie urbaine, parler des moyens de transport publics, exprimer un désir/ un regret	 Speaking Skills (Role Play) Writing skills (Description) Comprehension skills (Analyzing the new words) Communication Skills (Role Play) Vocabulary (Dictation)
			Resources: • Entre Jeune-2 • Setrite		

Months: November- December

Chapter/ Topic	Learning Objectives		Activities & Resources	Expected Learning Outcomes	Assessment
Leçon – 10- Vive la Republique Leçon – 11- C'est bon le progress Leçon – 12-Vers un monde intercultural	Knowledge/ Content Based Discuter le systeme politique Rapporter un discours Parler de la technologie de i'information Solliciter un service Echanger des informations Parler de la diversite culturelle	Application/ Aptitude Based Le discours rapport La récapitulation de la grammaire déjà faite	Activities: La conversation telephonique (Role play on phone) Comparer les cultures de plusieurs pays (exemple l'Inde et la France) (Comparing the cultures of the two countries through their music;	Skill Based Les etudiants pourront discuter le système politique, rapporter un discours, parler de la technologie de i'information, echanger des informations Les etudiants pourront parler de la diversité culturelle	 Reading Skills (New words and Sentence Reading) Listening Skills (Audio Dialogues) Speaking Skills (Role Play) Writing skills (Description) Comprehension skills (Analyzing the
	Decouvrir des autres cultures		Students • will sing French & Indian songs) Resources: • Entre Jeune-2 • Setrite	découvrir des autres cultures	new words) Communication Skills (Role Play) Vocabulary (Dictation)

ANNUAL CURRICULUM PLAN (2023-24)

STEP: X

SUBJECT: COMPUTERS

Book: Touchpad- Artificial Intelligence Code-417 | Skill Education

Months: April – May

Chapter/ Topic	Learning Objectives		Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
Part A Unit-I Communicatio n Skills-II	 Methods of communication Verbal Communication Non-verbal Communication Communication Cycle and Importance of Feedback Barriers to Effective Communication Cs of effective communication Writing Skills — Parts of Speech Writing Skills — Sentences 	 Writing pros and cons of written, verbal and nonverbal communication. Listing do's and don'ts for avoiding common body language mistakes. Draw a diagram of the communication cycle role plays on communication process related to the sector/job role. 	 Demonstrate knowledge of various methods of communication Apply measures to overcome barriers in communication Apply principles of communication Demonstrate basic writing skills Exercises and games on applying 7Cs of effective communication 	Presentation Skills Will be able to create and present portfolio	Worksheets Quiz Notebook work Group Discussion

Part B Unit 1: Introduction to Artificial Intelligence (AI)	 What is Intelligence? Decision Making. what is Artificial Intelligence and what is not? Introducing AI, ML & DL. Introduction to AI Domains (Data, CV & NLP) 	Applications of AI – A look at Real-life AI implementations	 Implementation of AI applications in real life problems. 	 Students will try some simple problem-solvin g exercises related to Al applications 	Worksheets Quiz Notebook work Group Discussion
Part B Unit 2 AI PROJECT CYCLE	 Introduction to AI Project Cycle Stages of AI project Cycle Neutral Network 	Al ModelsWorking of Neural Networks	Creating a Human Neural Network	 Understand and appreciate the concept of Neural Network through gamification. 	Worksheets Quiz Notebook work Group Discussion

Months: July - August

Chapter/ Topic	Learning Objectives		Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
Part A Unit 2 Self-Managem ent Skills-II	 Meaning and importance of stress management Stress management techniques – physical exercise, yoga, meditation Enjoying, going to vacations and holidays with family and friends Enjoying, going to vacations and holidays with family and friends Describe the types of self-awareness Describe the meaning of self-motivation and self- regulation 	 Identification of self-management skills Strength and weakness analysis Use of positive metaphors/words. Positive stroking on wakeup and before going bed. 	 Exercises on stress-management techniques – yoga, meditation, physical exercises Preparing a write-up on an essay on experiences during a holiday trip 	 Apply stress management techniques Demonstrate the ability to work independently 	Worksheets Notebook work Group Discussion
Part A Unit 3: Information and Communicatio n Technology Skills— II	 Classes of operating systems File concept, file operations, file organization, directory structures, and file- system structures Creating and managing files and folders Importance and need of care and maintenance of computer 	 Cleaning computer components Preparing maintenance schedule Protecting computer against viruses Scanning and cleaning viruses and removing SPAM files, temporary files and folders 	 Identification of taskbar, icons, menu, etc. Demonstration and practicing of creating, renaming and deleting files and folders, saving files in folders and sub- folders, restoring files and folders from recycle bin 	 Distinguish between different operating systems Apply basic skills for care and maintenance of computer 	Worksheets Notebook work Group Discussion

Part B Unit 3: ADVANCE PYTHON	 Introduction to Anaconda What is a Virtual Environment? Introduction to Python Understanding/Working with Jupyter Notebook Why Python 	 Understanding of Python Basics (Variables, Arithmetic	 Students will try some basic problem-solving exercises using lists on Python Compiler. Programming with Conditional/ Looping Statements 	Students will try some simple problem-solving exercises on Python Compiler.	Practical Orientation Worksheets Quiz Notebook work Group Discussion
Part B Unit 4: DATA SCIENCES	 Introduction to Data Science Python for Data Sciences Statistical Learning & Data Visualisation K-nearest neighbour model 	 Applications of Data Science Revisiting Al Project Cycle Concepts of Data Sciences 	Personality Prediction	 Concepts of Data Sciences Understanding K-nearest neighbour model 	Practical Orientation Worksheets Quiz Notebook work Group Discussion

Months: September - October

Chapter/ Topic	Learning Objectives		Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
Part B Unit 5: COMPUTER VISION	 Introduction to Computer Vision Applications of CV Introduction to OpenCV Convolution operator Convolution Neural Network 	• Image Processing	Convolution Operator Testing CNN	 Understanding CV Concepts Pixels How do computers see images? Image Features 	Practical Orientation Worksheets Quiz Notebook work Group Discussion
Part B Unit 6: NATURAL LANGUAGE PROCESSING	 Introduction to Natural Language Processing NLP Applications Human Language VS Computer Language 	 Introduction to Chatbots Revisiting AI Project Cycle 	 Text processing Data Processing Bag of Words TFIDF NLTK 	 Understan ding Language Differences Concepts of Natural Language Processing 	Worksheets Quiz Notebook work Group Discussion
Part B UNIT 7: EVALUATION	 Introduction to Model Evaluation Evaluation Score Calculation 	• Confusion Matrix	Practice Evaluation	 Understan ding Accuracy, Precision, Recall & F1 Score 	Worksheets Quiz Notebook work Group Discussion

Months: November - December

Chapter/ Topic	Learning Objectives		Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
Revision Pre-Boards					Worksheets Group Discussion
					Paper Pen/Online Quiz

Months: January - February

Chapter/ Topic	Learning Objectives		Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
Revision Boards					Worksheets
					Group Discussion
					Paper Pen/Online Quiz

ANNUAL CURRICULUM PLAN (SESSION: 2023-24)

STEP: 10

SUBJECT: MUSIC (Vocal)

APRIL – MAY

CONTENT	TECHNIQUES/ RESOURCES USED	SKILL DEVELOPMENT	ASSESSMENT/OBSERVATION
 National Anthem (with meaning) National Songs (with meaning) Shloka (with meaning) We are the BGS Performance on Earth Day Mother's day performance Prayers- (Tum hi Mata School Songs-(janam diya ishwer ne) 	 Tanpura Audio Recording Lyrics Sheet 	 Voice modulation Knowledge of Ragas, beat, rhythm Practical voice training, discipline 	 Melody Rhythm Voice Quality Alignment with Scale

JULY- AUGUST

CONTENT	TECHNIQUES/ RESOURCES USED	SKILL DEVELOPMENT	AREAS OF ASSESSMENT/OBSERVATION
 Shloka (with meaning) Guru Purnima Performance Van Mahotsav day Performance on World nature conv. day Prayers- (O palan haare) Performance on Independence Day 	TanpuraAudio RecordingLyrics Sheet	 Voice modulation Knowledge of Ragas, beat, rhythm Practical voice training, discipline 	MelodyRhythmVoice QualityAlignment with Scale

SEPTEMBER-OCTOBER

CONTENT	TECHNIQUES/ RESOURCES USED	SKILL DEVELOPMENT	AREAS OF ASSESSMENT/OBSERVATION
 Shlokas (with meaning) Prayer- (humko man ki shakti) Chopaiyan (with meaning) Performance on teacher's day Performance on Janmashtami Performance on Gandhi Jayanti Performance on Dussehra Alankaar 	TanpuraAudio RecordingLyrics Sheet	 Voice modulation Knowledge of Ragas, beat, rhythm Practical voice training, discipline 	MelodyRhythmVoice QualityAlignment with Scale

NOVEMBER – DECEMBER

CONTENT	TECHNIQUES/ RESOURCES USED	SKILL DEVELOPMENT	AREAS OF ASSESSMENT/OBSERVATION
 English Prayers-(We are the BGS) Performance on Diwali Gurupurab Performance Annual Day Performance on Christmas day Basant Panchami Raag Bhoopali Raag Bhairav Raag yaman 	TanpuraAudio RecordingLyrics Sheet	 Voice modulation Knowledge of Ragas, beat, rhythm Practical voice training, discipline 	 Melody Rhythm Voice Quality Alignment with Scale

JANUARY - FEBRUARY

CONTENT	TECHNIQUES/ RESOURCES USED	SKILL DEVELOPMENT	ASSESSMENT/OBSERVATION
 English Prayers-(We are the BGS) Performance on Republic Day Raag yaman Taals- Ektaal, Teentaal Hindi Prayers- (aye malik tere bande hum) 	TanpuraAudio RecordingLyrics Sheet	 Voice modulation Knowledge of Ragas, beat, rhythm Practical voice training, discipline 	MelodyRhythmVoice QualityAlignment with Scale

ANNUAL CURRICULUM PLAN: 2023-24

STEP: X

SUBJECT: MUSIC (INSTRUMENTAL)

APRIL – MAY

CONTENT	TECHNIQUES/ RESOURCES USED	SKILL DEVELOPMENT	ASSESSMENT/OBSERVATION
 National Anthem (with meaning) National Songs (with meaning) Basic Theory (Parts of Guitar, Parts of Keyboard, and Parts of Drums) Types Of Chords (Major Chord, Minor Chord, and Sharp Chord) All Major Scale(Practical) Performance on Earth Day Mother's day performance School Anthem (WE ARE THE BGS) 	 Guitar Keyboard Drum Practice Pad 	 Work on Beats Tempo Prepare the Correct song with the correct pitch 	 Tempo Tones Sound Quality Knowledge of Beats

JULY – AUGUST

CONTENT	TECHNIQUES/ RESOURCES USED	SKILL DEVELOPMENT	ASSESSMENT/OBSERVATION	
 Van Mahotsav day Basic Introduction About Tabla Performance on World nature conv. day All Minor Scale(Practical) All Sharp Scale(Practical) How to find Scale Performance on Independence day 	GuitarKeyboardDrumUkuleleTabla	 Voice Modulation Knowledge of Rhythm Works on Beats Tempo 	 Melody Rhythm Voice Quality Alignment with Scale Tempo 	

SEPTEMBER – OCTOBER

CONTENT	TECHNIQUES/ RESOURCES USED	SKILL DEVELOPMENT	ASSESSMENT/OBSERVATION		
 Tabla Taal Time Signature Drum Beats Gandhi Jayanti Performance on teacher's day Performance on Janmashtami Dussehra Performance 	 Tabla Ukulele	 Voice modulation Rhythm Work on Beats Practical on Drum Practice on Song 	 Melody Rhythm Tempo Beats Time Signature 		

NOVEMBER – DECEMBER

CONTENT	TECHNIQUES/ RESOURCES USED	SKILL DEVELOPMENT	ASSESSMENT/OBSERVATION
 Learn Chords Major Chord Minor Chord Sharp Chord Chord Formation Diwali Performance Chaupai With Meaning Performance on Christmas day Annual Day 	 Guitar Keyboard Drum Tabla Ukulele 	 Voice modulation Knowledge of beats Song Preparation on Instruments Play Practically Songs with Chords 	 Melody Rhythm Tempo Pitch Sound Beats Time Signature

JANUARY – FEBRUARY

CONTENT	TECHNIQUES/ RESOURCES USED	SKILL DEVELOPMENT	ASSESSMENT/OBSERVATION		
 Learn Beats 4/4 Beats 3/4 Beats 6/8 Beats Republic Day Performance English Prayer with Instrument(We Are The BGS) 	 Guitar Keyboard Drum Tabla Ukulele 	 Voice modulation Knowledge of beats Song Preparation on Instruments Play Practically Songs with Chords 	 Melody Rhythm Tempo Pitch Sound Beats Time Signature 		

ANNUAL CURRICULUM PLAN: 2023-2024

SUB: DANCE CLASS : X

MONTH: - APRIL - MAY

	CONTENT	TECHNIQUES / RESOURCES	SKILL DEVELOPMENT ASSESSMENT / OBSER	VATION
•	World dance day.	◆ The task based approach	Development of the effective ◆ Performance	
		focused on the skills and	psycho motor domain.	
•	Pure classical dance form	competencies .	Development of keen sense of Coordination	
	[kathak nritya]- Basic knowledge of a style.	◆ Audio - visuals aids:video clips.	rhythm and balance. Knowledge and respect for Expression	
•	Introduction - Teen Taal - 16	audio system and other related	diverse Indian culture and heritage .	
	beats [kathak Nritya - PURE	equipment s.		
	CLASSICAL].			
•	Shiv strota.			

MONTH: - JULY-AUGUST

	CONTENT		TECHNIQUES / RESOURCES		SKILL DEVELOPMENT	Α	SSESSMENT / OBSERVATION
* *	Independence day - Patriotic theme .[dance style- fusion] Teen taal - 16 beats - full knowledge of foot work of taal teen taal.	*	The task based approach focused on the skills and competencies . Audio - visuals aids:video clips.	* *	Development of the effective psycho motor domain. Development of keen sense of rhythm and balance. Knowledge and respect for diverse Indian culture and heritage.	* *	Performance Rhythm Coordination Expression
*	Navras - basic knowledge of navrasa [expression's]. Guru Poornima, Contemporary dance.	•	Dance training with the help of audio system and other equipments.				

MONTH:-SEPTEMBER-OCTOBER

	CONTENT		TECHNIQUES / RESOURCES		SKILL DEVELOPMENT		ASSESSMENT / OBSERVATION	
•	Dussehra special - [dance style	•	The task based approach focused	•	Development of the effective			
	-semi classical].		on the skills and competencies .		psycho motor domain.	•	Performance	
•	Janmashtmi - semi classical - krishna bhajan .	•	Audio - visuals aids:video clips.	•	Development of keen sense of rhythm and balance.	*	Rhythm Coordination	
		•	Dance training with the help of audio system and other related equipment s.	•	Knowledge and respect for diverse Indian culture and heritage.	•	Expression	

MONTH:-NOVEMBER-DECEMBER

	CONTENT	TECHNIQUES / RESOURCES	SKILL DEVELOPMENT	ASSESSMENT / OBSERVATION
•	Annual day.	 The task based approach focused on the skills and competencies. 	Development of the effective Assume mater demain.	◆ Performance
•	Diwali celebration.	◆ Audio - visuals aids:video clips.	psycho motor domain.Development of keen sense of rhythm and balance.	RhythmCoordination
•	Folk dance - chari from rajsthaan.	◆ Dance training with the help of audio system and other related equipment s.	 Knowledge and respect for diverse Indian culture and heritage. 	◆ Expression

MONTH: -JANUARY-FEBRUARY-MARCH

	CONTENT	TECHNIQUES / RESOURCES	SKILL DEVELOPMENT	ASSESSMENT / OBSERVATION
•	Republic day .	◆ The task based approach focused on the skills and competencies .	 Development of the effective psycho motor domain. 	◆ Performance
•	Bharatnatyam - basic knowledge of a	◆ Audio - visuals aids:video clips.	 Development of keen sense of rhythm and balance. 	◆ Rhythm◆ Coordination
•	dance style. Ganesh vandna	◆ Dance training with the help of audio system and other related equipment s.	 Knowledge and respect for diverse Indian culture and heritage. 	◆ Expression
	- pure classical dance .			

ANNUAL CURRICULUM PLAN(SESSION: 2023-24)

STEP :- 10

SUBJECT: ART AND CRAFT

BOOK- AESTHETICS ART MONTH: APRIL –MAY

CHAPTER/TOPIC	TECHNIQUES USED	SKILL DEVELOPMENT	AREAS OF OBSERVATION
 1- Elements of Art 2- Principles of Art 3- Still Life 4- Nature Study 5- Bird Study 6- Animal Study 	 Disciple construction Pencil drawing Free hand drawing and shading Hatching and cross hatching techniques Tonal sketching Blending Smudge free drawing 	 Self-expression Observation Exploration Aesthetic sense Spatial comprehension Colour sense Fine motor skills Drawing Tracing Focus Perspective Confidence Perseverance Simple coordination 	 Imagination Creativity Colour sense Strokes Neatness

MONTH:JULY-AUGUST

CHAPTER/TOPIC	TECHNIQUES USED	SKILL DEVELOPMENT	AREAS OF OBSERVATION
 7- Landscape 8- Body Proportions 9- Sketching 10- Portrait 11- Composition 12- 3 D Art 	 Step by step process Smudge free drawing Blending Visual arts 	 Self-expression Observation Exploration Aesthetic sense Spatial comprehension Colour sense Fine motor skills Drawing Tracing Focus Perspective Simple coordination 	 Imagination Creativity Colour sense Strokes Neatness

MONTH: SEPTEMBER - OCTOBER

CHAPTER/TOPIC	TECHNIQUES USED	SKILL DEVELOPMENT	AREAS OF OBSERVATION
 13- Knife Painting 14- Modern Art 15- Poster Design 16- Cartoon Design 17- Folk Art 18- Warli Art 	 Smudge free drawing Blending Focus Triadic color scheme Hatching and cross hatching techniques 	 Self-expression Observation Exploration Aesthetic sense Spatial comprehension Colour sense Fine motor skills Drawing Tracing Focus Perspective Simple coordination 	 Imagination Creativity Colour sense Strokes Neatness

MONTH:NOVEMBER – DECEMBER

CHAPTER/TOPIC	TECHNIQUES USED	SKILL DEVELOPMENT	AREAS OF OBSERVATION
 19- Collage 20- Calligraphy 21- Mehandi Design 22- Nail Art 23- Book Cover 24- Rangoli 	 Hatching and cross hatching techniques Sketching_Disciple construction Pencil drawing Free hand drawing and shading Visual arts 	 Self-expression Observation Exploration Aesthetic sense Spatial comprehension Colour sense Fine motor skills Drawing Tracing Focus Perspective Simple coordination 	 Imagination Creativity Colour sense Strokes Neatness

MONTH: JANUARY- FEBRUARY

CHAPTER/TOPIC	TECHNIQUES USED	SKILL DEVELOPMENT	AREAS OF OBSERVATION
 25- T-Shirt Design 26- Logo Designing 27- Lino Art 28- Drawing Using Colours 29- Craft Time 30- Legendary Artists 31- Glossary 	 Hatching and cross hatching techniques Sketching_Disciple construction Pencil drawing Free hand drawing and shading Visual arts 	 Self-expression Observation Exploration Aesthetic sense Colour sense Fine motor skills Drawing Focus Perspective Simple coordination 	 Imagination Creativity Colour sense Strokes Neatness

ANNUAL CURRICULUM PLAN (2023-24)

STEP: X

SUBJECT: HEALTH EDUCATION

Book: Health Quest-10 Months: April - May

Chapter/ Topic	Lea	arning Objectives	Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
Chapter – 1 Systems of Human Body	body. • Effect of exercise on organ systems	 To be able to explore the ways the systems in the human body work together List the major organ systems of the human body List the body parts associated with each organ system Give the function of each organ system. 	Demonstration of various exercises and making students to work on standardized tests and record their respective fitness level.	Knowledge about different types of physical activity including changes in our body systems.	 Short/long answer questions MCQ/one word Fill in the blanks
Chapter -2 Growth and Development	Changes during	 To be able to understand the process of growing up. To be able to explore the concept of pregnancy and sexual development. 	 Activity: Measuring of pulse rate Activity: Measuring circumference of different body parts. Discussion Interactive sessions 	 Critical thinking about the impact of physical changes of puberty for boys and girls. Understand how emotions develop in adolescence. 	 Playground games Short/long answer questions MCQ/one word Fill in the blank
Chapter 3 Physical Education	physical education Objectives of physical education	 To be able to understand the need and importance of physical education To be able to know about APE. To be able to understand the relationship of physical education with other discipline of knowledge. 	 Activity: Measuring of blood pressure Case study 	To inculcate good healthy habits in a child and to improve his/her performance with the help of physical activities and education.	 Short/long answer questions MCQ/one word Fill in the blanks

Months: July – August

Chapter/ Topic	Learni	ng Objectives	Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
Chapter 4 Sports and Games	 Historical evolution, rules, and terminologies of various sports Fundamental skills needed to play different sports 	 To be able to list some elite personalities of different sports. To be able to know about sports competitions and tournaments. 	Practical demonstration of rules and required skills needed to play different sports.	Adapting fundamental skills needed to play different sports	 Short/long answer questions MCQ/one word Fill in the blanks
Chapter 5 Career Avenues in the Field of Physical Education.	Career opportunities in the field of physical education.	To be able to know about the educational qualifications and leading institutes of physical education.	• Interactive Sessions	Understand the relationship of physical education with other discipline of knowledge.	 Short/long answer questions MCQ/one word Fill in the blanks
Chapter 7 Yoga	 Stress and factors inducing stress The role of yoga in stress management 	To be able to know about benefits of relaxation, yoga and meditation.	 Activity: Demonstration and performing various Asanas. Case studies 	Learn to stress management techniques that can help to handle stress anxiety, and emotional disturbance in a better and healthier manner.	 Short/long answer questions MCQ/one word Fill in the blanks

Months: September - October

Chapter/ Topic	Learr	ing Objectives	Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
Chapter 8 Healthy Community Living	 Understanding the meaning of community Relationship within a community Camping 	 To be able to list and describe relationship with community. To be able to know about importance of camping. 	 Activity: Camping Role play: Community interaction and involvement 	 Inculcation of values to live together. Organization of camping. 	Short/long answer questionsMCQ/one wordFill in the blanks
Chapter 9 Insecticides, Pesticides and Electromagnetic Radiations.	 Pesticides Nuclear issues Electromagnetic radiation. 	 Acquire information about the risks associated with the use of pesticides. Interpret pesticide labels and images. Define integrated pest management and other pesticide alternatives. 	Activity: Preparing charts depicting effects of nuclear and electromagnetic radiation.	 Aware of nuclear and electromagnetic radiations. Familiarity with pesticide safe handling. 	 Short/long answer questions MCQ/one word Fill in the blanks
Chapter 10 Need for Dietary Planning	 Food quality Conservation of food Food for family Meal planning and dietary needs 	 To be able to identify the role of food as treatment. To be able to know about conservation of food. To be able to describe how is food adulterated and what are its effect. 	 Activity: Preparation of diet chart for various categories and age groups of people. Project: To learn how one can file a complaint against bad quality food to consumers in India and abroad. 	 Evaluate foods in regards to nutritional values. Apply nutritional values to personal diet. 	 Short/long answer questions MCQ/one word Fill in the blanks

Months: November – December

Chapter/ Topic	Learning O	ojectives	Activities & Resources	Expected Learning Outcomes	Assessment
Chapter 11 Occupational Health Hazards	 Knowledge/ Content Based Importance of safety at workplace First aid at workplace Safety while working with machines, handling insecticides, electricity, and electric gadgets. 	Application/ Aptitude Based Critically analyse the importance of safety while using heavy machinery, electricity and chemicals. To differentiate between Generic and	Activity: Group Discussion on Do's and Don'ts of buying medicines.	 Explain the importance of Work Place Safety Parameters. Highlight the importance of National Policy on Safety, Health and Environment at Workplace. 	 Short/long answer questions MCQ/one word Fill in the blanks
Chapter 12 Precautions while Taking Medicines	 Knowledge about medicines. Commonly abused substance: Drugs Ways of preventing drug abuse 	 To be able to know about the Indian systems of medicine. To be able to know the ways of preventing drug abuse. 	 Activity: Prepare a write-up on how the United Nations International Drug Control Programme contributes to the prevention and reduction of substance abuse among young people. Case study 	 Increase awareness of side effects of drug overdose. Highlight the effects of excessive use of medicines. 	 Short/long answer questions MCQ/one word Fill in the blanks
Chapter 13 Sociological aspects of Health education	 Life planning: thinking for future Learning to manage adult interactions Advocacy and health communication Children as change agents 	 To be able to understand the adult-child interactions. To be able to understand the School role in health care. 	Activity: The game of Charades.	 To learn to live a socially healthy life. Effective communication for interpersonal relationships. Problem solving and decision making skills. 	 Short/long answer questions MCQ/one word Fill in the blanks

Months: January – February

Chapter/ Topic	Learning Objectives		Activities & Resources	Expected Learning Outcomes	Assessment
	Knowledge/ Content Based	Application/ Aptitude Based		Skill Based	
Chapter 14 Health Services	 Economics of health care Health Equity Health insurance and its need Careers in healthcare 	 To be able to understand the challenges in Indian health care economy. To develop an understanding of Health equity. 	Interactive sessionsQuiz	To make optimum use of health insurance and health schemes by Government of India.	Short/long answer questionsMCQ/one wordFill in the blanks
Chapter 15 Government Agencies Promoting Games and Sports in India	 Sports Authority in India Sports academic institutions Sports school Promotion of yoga 	 To be able to understand the role of Government in sports promotion. To be able to enlist Institutes of physical education, sports school, CBSE NCERT Yoga institutions. 	Essay writing: The importance of participation in sports and yoga for people belonging to all age groups.	To understand the significance of sports for a nation.	 Short/long answer questions MCQ/one word Fill in the blanks

ANNUAL CURRICULUM PLAN (2023-24)

STEP: X

SUBJECT: PHYSICAL EDUCATION

Month	Lesson Plan	Expected Learning Outcome
April	AthleticsShotputDiscuss throwMartial Arts	 Types of starts: standing & sitting Types of phases in sprint and long run Techniques & types of throwing Stretching + Fitness
May	BadmintonChessMartial Arts	 Griping, Serves, Forehand, smash, drop and Backhand Shuttle control Rules of game, How they move. Gymnastics – Cartwheel, Back Handspring
July	Table-tennisCarromMartial Arts	 Griping, Serves, Forehand, Backhand & ball controlling Rules of game. Types of Kicks (Karate/Taekwondo)
August	High jumpYogaMartial Arts	 Plyometric exercise for high, jumping, types of jumps and techniques of landing Flexibility sessions Padmasana, Tadasana, Trikonasana, Bhujangasana, Paschimottanasana, Sukhasana, Vrikshasana, Suryanamaska, Chakrasana, Halasana, Surya namaskar Types of Kicks (Karate/Taekwondo)

September	Kabaddi	Rules and regulations of the game
	kho- kho	Chain Tackle, Waist hold, Ankle hold, Thigh hold, Diving Ankle
	 Martial Arts 	holds, Block, lobby use.
		 Tapping, Diving, Grasping Direction, Running Zig Zag, Kho Kho Position
		 Types of attacks, defense & types of running and diving.
		 Kicks Practice with Execution (Play)
October	Long jump	 Types of jumping techniques & landing techniques
	 Volleyball 	 Types of attacks, defence, movements & volley techniques
	 Martial Arts 	 Types of Punches (Boxing, Karate, Taekwondo)
November	 Basket ball 	Rules and regulations of the game
	 Martial Arts 	 Types of dribbling, lay up shots, defensive techniques, ball rotation,
		shooting techniques
		 Punch + Kick combinations, Nunchucks
December	Cricket	 Bat gripping, drive shots, pull shots
	Martial Arts	 Balling actions side-on and front-on
		 Short & long catches, fielding position and throwing
		Self-Defence - Techniques, Handstand
January	Football	 Dribbling techniques, defence, man to man, attack technique, goal
	 Martial Arts 	keeping,
		passing techniques & ball control
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		 Self-Defence – Techniques, Handstand Walk
February	Tennis	 Griping, Serves, Forehand, Backhand, ground position & ball
	Handball	controlling
	 Martial Arts 	 Gymnastics, Punches, Kick, Combinations, Self-defence