



PARICHAY



E- NEWSLETTER

2022

SEPTEMBER

Music for CHILD DEVELOPMENT

Music ignites all areas of child development and skills for school readiness, including intellectual, social-emotional, motor, language, and overall literacy. It helps the body and the mind work together. Exposing children to music during early development helps them learn the sounds and meanings of words.



Music for CHILD DEVELOPMENT



French Song



bonjour

Bonjour mes amis,
Bonjour mes amis,
Bonjour mes amis ,
Hello my friends

Je m'appelle __
My self _
Comment allez vous?
How do you do?

Ça va bien merci
Fine, thank you

Quel âge as-tu?
How old are you?

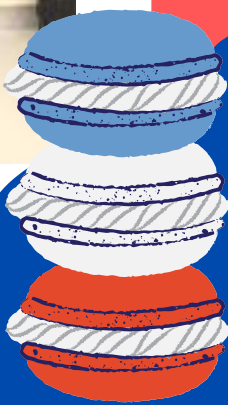
Un,deux,trois,quatre,cinq,six,sept,huit,neuf,dix
J'ai dix ans
Au revoir mes amis ,
Merci!!



French Song



bonjour



Teacher's Day

Teachers' Day Celebration At Arwachin Public School, Ghaziabad

The enthusiasm was evident on the premises of ARWACHIN PUBLIC SCHOOL, Sec 14 Vasundhara as the students celebrated Teachers' day and dedicated their power-packed performance to the teachers.

Students also rendered scintillating Dance performances.

In the address, the Principal of the school Dr. Sakshi Sharma appreciated the students for organizing the program so nicely. She also highlighted the importance of teachers in our lives in her address note.

The Director of the school Mr. Abhinav Sharma also wished the entire teacher's community lots of happiness, love, and prosperity for their future endeavors.

Teacher's Day was celebrated with a lot of joy and vigor on the school premises. Students from class 8th had put up enthralling musical and dance performances to express their gratitude for their beloved teachers



Teacher's Day



Teacher's Day



Teacher's Day



Nutrition Week

(1Sep-7Sep)

National Nutrition Week 2022 is observed from 1st to 7th September in India to raise awareness among people about the value of healthy eating practices and proper nutrition for upholding a healthy lifestyle. This week-long program is conducted by The Food and Nutrition Board of India, under the aegis of the Ministry of Women and Child Development. The theme of National Nutrition Week this year is 'Celebrate a World of Flavours' which encourages people to have a healthy lifestyle while enjoying the flavors of food.

Students celebrated this week with different activities including discussion of various recipes, importance of nutrition, foods that help boost memory and concluded the week by listening the tunes of "POSHAN ANTHEM" and "creating a healthy plate".



Nutrition Week





Onam Celebration

Onam is a rice harvesting festival which is celebrated in the southernmost state of Kerala. Onam, which symbolises homecoming of demon king Mahabali, is one of the most famous and biggest festival of Kerala and is celebrated all across the state.

This festival represents the harvest season of the standing crops and also marks the beginning of the Malayalam year, called Kolla Varsha.

It is celebrated with joy and enthusiasm all over the state by Malayalees regardless of religion, caste or creed.

At Arwachin public school we celebrated the day with joy special assembly was conducted where students were informed about the festival via PPT followed by interesting facts quiz.





Literacy Day

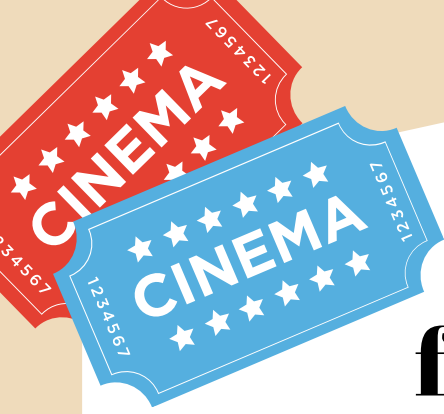
International Literacy Day takes place on September 8 every year to raise awareness and concern for literacy problems that exist within our own local communities as well as globally.

The day is celebrated to remind the international community of the importance of literacy for individuals, communities and societies, and the need for intensified efforts towards more literate societies. At Arwachin Public School special Jam Session was organised for students where they participated with much enthusiasm and zeal.



**TODAY A
READER**

**TOMORROW A
LEADER**



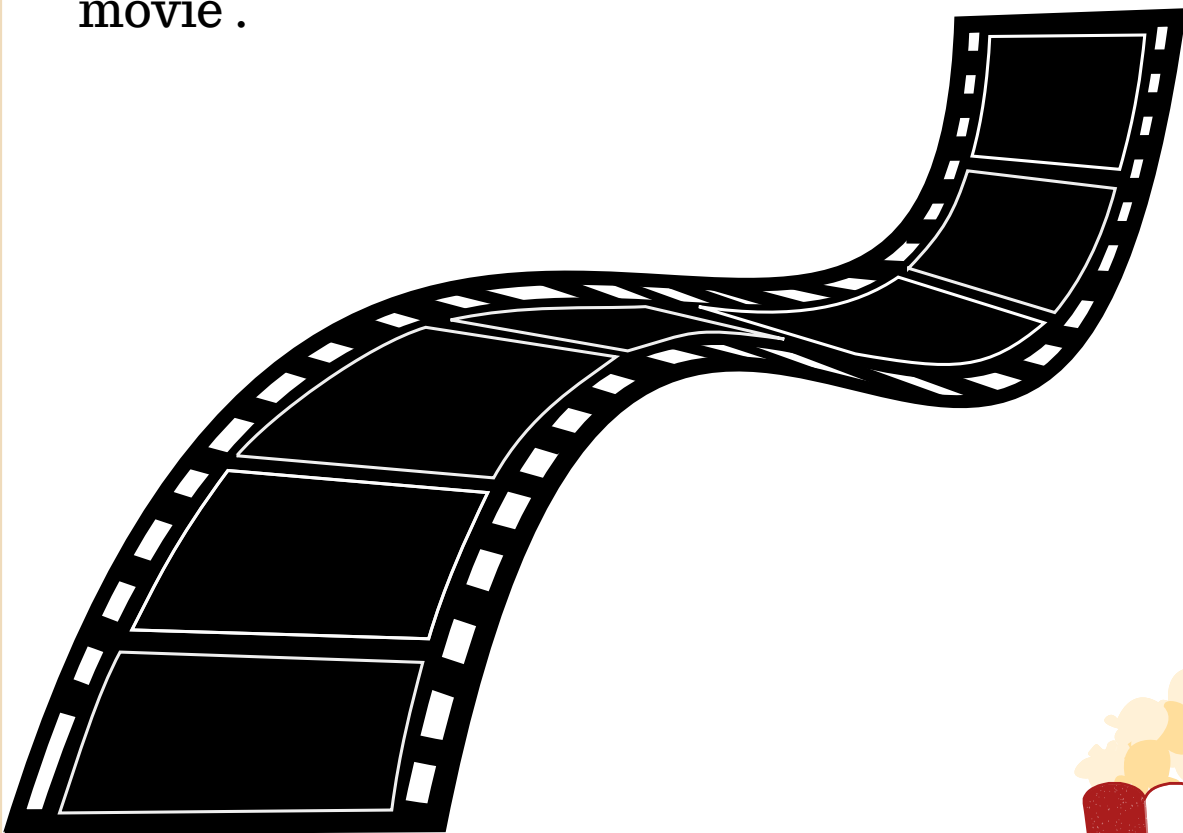
Movie Time for our Fascilators

Movie Time for APS Educators at PVR Cinemas

To know each other more and spent quality time beyond the classrooms. The educators of APS watched a movie at PVR Cinemas.

This provided an opportunity for teachers to meet beyond the walls of classrooms and thus interact with each other.

To rejuvenate one's body, mind, and soul it is necessary to sometimes sit back , relax and enjoy movie .



Movie Time for our Fascilators





Yoga Session

Yoga improves strength, balance and flexibility. Slow movements and deep breathing increase blood flow and warm up muscles, while holding a pose can build strength.

The art of practicing yoga helps in controlling an individual's mind, body and soul.'

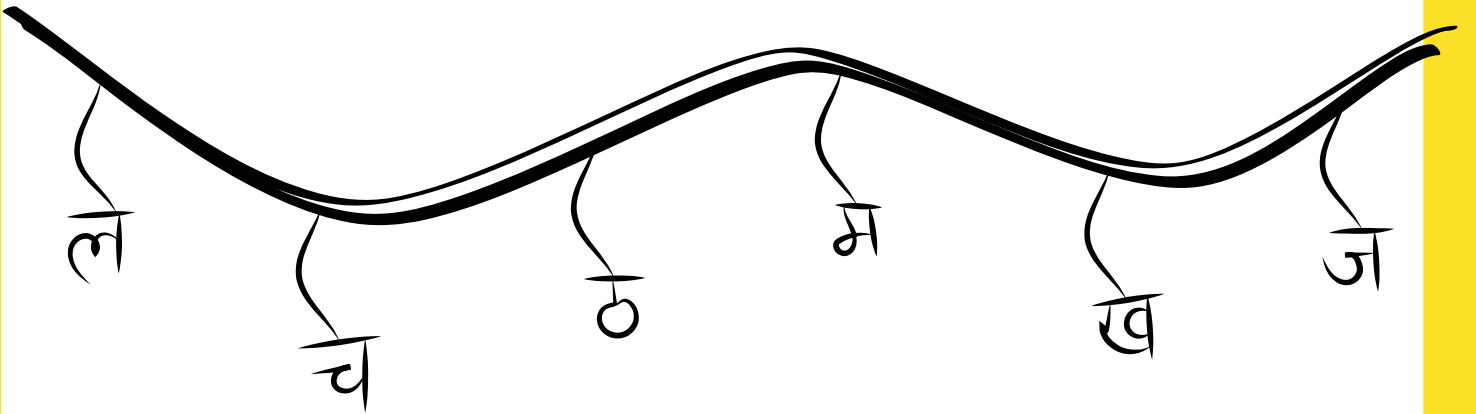


Yoga Session



Hindi Diwas

हर साल 14 सितंबर जनवरी को हिंदी दिवस (Hindi Diwas) मनाया जाता है. हिंदी भाषा को पसंद करने वाले लोगों के लिए 14 सितंबर यानी आज का दिन बेहद महत्व रखता है. किसी भी देश की संस्कृति, सभ्यता और जीवनशैली का पता उसकी भाषा के माध्यम से ही किया जा सकता है. दुनिया भर में लगभग 120 मिलियन लोग दूसरी भाषा के रूप में हिंदी बोलते हैं, और 420 मिलियन से अधिक लोग इसे अपनी मातृभाषा के रूप में बोलते हैं.



Hindi Diwas (वाद विवाद प्रतियोगिता)



Hindi Diwas (कविता अनुवाचन)





ACTIVITIES YOU CAN DO WITH YOUR KIDS TO MAKE A POSITIVE DIFFERENCE!

Choose one activity a day with your kids to make a positive difference.

1 Thank a community hero.

Think of someone that helps you in some way and write a card to thank them.

Thank You

2 Do a chore around the house.

Vacuum, wash dishes, clean up toys, do the laundry, fold clothes... and have fun!



3 Say "yes" challenge!

Say "Yes" to something that blesses another person even if I don't like it.

Yes!
 No

4 Are you the master chef?

Find a recipe and prepare a meal.



5 Save energy!

Can you come up with any ideas to use less electricity?



6 Say "hi" to a friend without seeing them face to face!

Be creative! You may write a card, draw something, share a photo, or call them on Zoom.

7 What's your 30-second handwashing song?

Make your own 30-second handwashing song. Sing it and time it while you are washing hands.



8 Brighten the heart of an elderly person living in a senior home.

Parents can send your child's letter or artwork to kids@thrivechurch.ca and we will deliver the cards for you.

9 Photo session.

Take photos of what you enjoy doing the most at home!



10 Invent a tool.

Make a tool using recycled materials from your home.



11 List making!

Write a list of things that you're grateful for.



12 Make a donation!

Give your allowance to support a non-profit organization of your choice.



BY:

DR. SAKSHI SHARMA

Life Skill

noun : life skill

plural noun: life skills

- 1.a skill that is necessary or desirable for full participation in everyday life.
- 2."sharing with a sibling can help children learn important life skills"

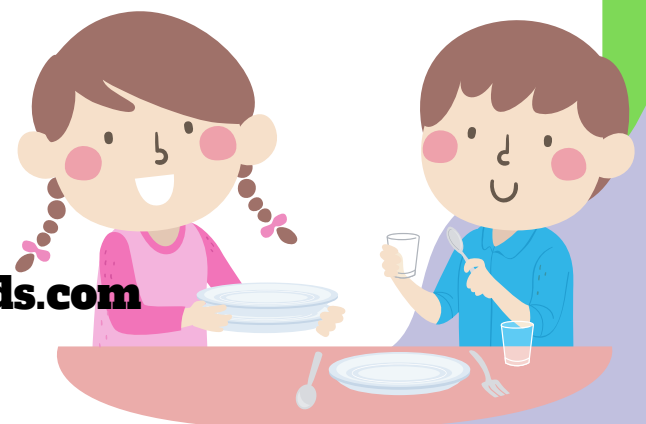
11 real-life skills you can teach your kids at home

- Basic first aid
- Budgeting money
- Doing laundry
- Ironing
- Cooking
- Cleaning
- Using the fire extinguisher
- Learning how tools work
- Sew (at least) a button
- Socialise
- Time Management

Remember **LIFE SKILLS** are **GENDER-NEUTRAL** that every child should know irrespective of their **GENDER**.

By:

Dr. Sakshi Sharma



www.arwachinkids.com

International Peace Day

Each year the International Day of Peace is observed around the world on 21 September. The UN General Assembly has declared this as a day devoted to strengthening the ideals of peace, through observing 24 hours of non-violence and cease-fire.

But achieving true peace entails much more than laying down arms. It requires the building of societies where all members feel that they can flourish. It involves creating a world in which people are treated equally, regardless of their race.

Peace Day provides a globally shared date for all humanity to commit to Peace above all differences and to contribute to building a Culture of Peace.



International Daughter's Day

International Daughter's Day is observed every year on the fourth Sunday of September. This year, the day is being celebrated today on Sunday, September 25. This day is celebrated to cherish our daughters who bring love and happiness to our lives. To mark this day, people across the globe celebrate by spending some quality time with their daughters and doing something special for them. Organizations and governments also strive to close the gender gap and provide society with equal opportunity.



Mr. Abhinav Sharma



Dr. (Mrs.) Sakshi Sharma



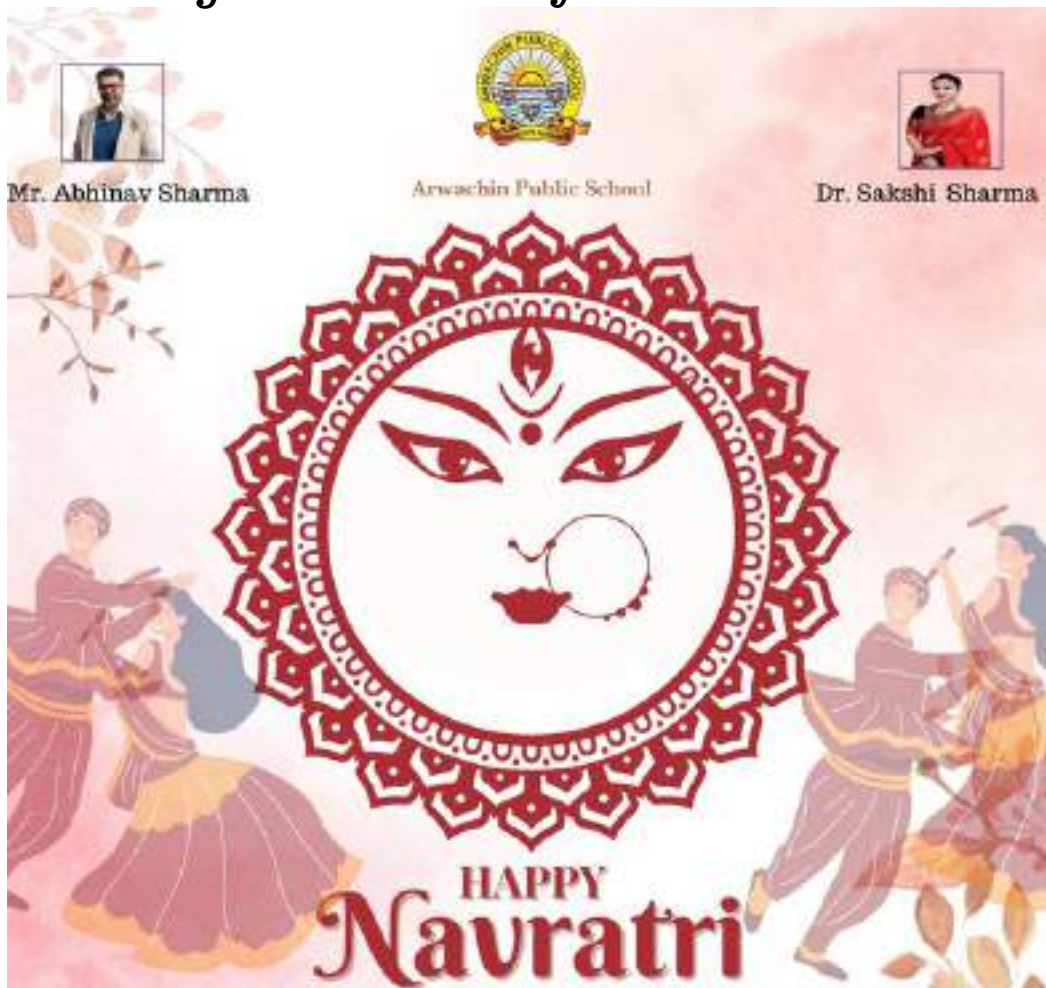
Happy Daughter's Day

Shubh Navratri

The festival of Navratri will be celebrated across the country from September 26 till October 5

Navratri literally translates to nine nights in Sanskrit, and it is celebrated to worship Goddess Durga and her nine avatars known as Navdurga. The festival of Navratri marks the victory of Goddess Durga over the 'Asur' or Demon Mahishasura.

Each day of Navratri is associated with an incarnation of Goddess Durga. People observe ritualistic fasts, recite slokas dedicated to each goddess, don new clothes, offer bhog, and clean their homes during these nine days.



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Navratri Craft Activity





Navratri Craft Activity



Chart Based Teaching Methodology



Chart Based Teaching Methodology

Class 3 Science kickstarted the new chapter Human Body Systems with full aplomb and gaiety.

Students were explained about various systems such as Digestive, circulatory, Respiratory, Excretory, etc.

A chart is a good means or aid of teaching. It brings the environment to the process of teaching inside the class indirectly. A common, effective teaching method is to use visual presentations in a classroom. Charts and diagrams are especially helpful, as they enable students to see ideas visually laid out in an organized way. Also, visual tools can help the student's process content and make connections more easily

Posting charts or diagrams can help reinforce the information that students are learning or have already learned.



World Tourism Day





World Tourism Day

World Tourism Day is commemorated each year on 27 September to foster awareness among the international community of the importance of tourism and its social, cultural, political and economic value.

The day is also celebrated to spread awareness about global challenges outlined in the 2030 Agenda for Sustainable Development and to underline the efforts the tourism industry can make achieving the sustainable development goals.



THANK YOU

Magic Words

Speaking softly and using polite words is a quality that is appreciated by all, especially when young children do it, everybody is pleased and appreciative of them. This social acceptance is as much important for the psychological development of a child as it is for the parents to reassure they are doing a wonderful job raising their children. Part of polite speech is the 'magic words' or the 'golden words' that all children must learn.

SORRY



PLEASE

Magic Words

Why Must Every Kid Learn ‘The Magic Words’ or ‘The Golden Words’?

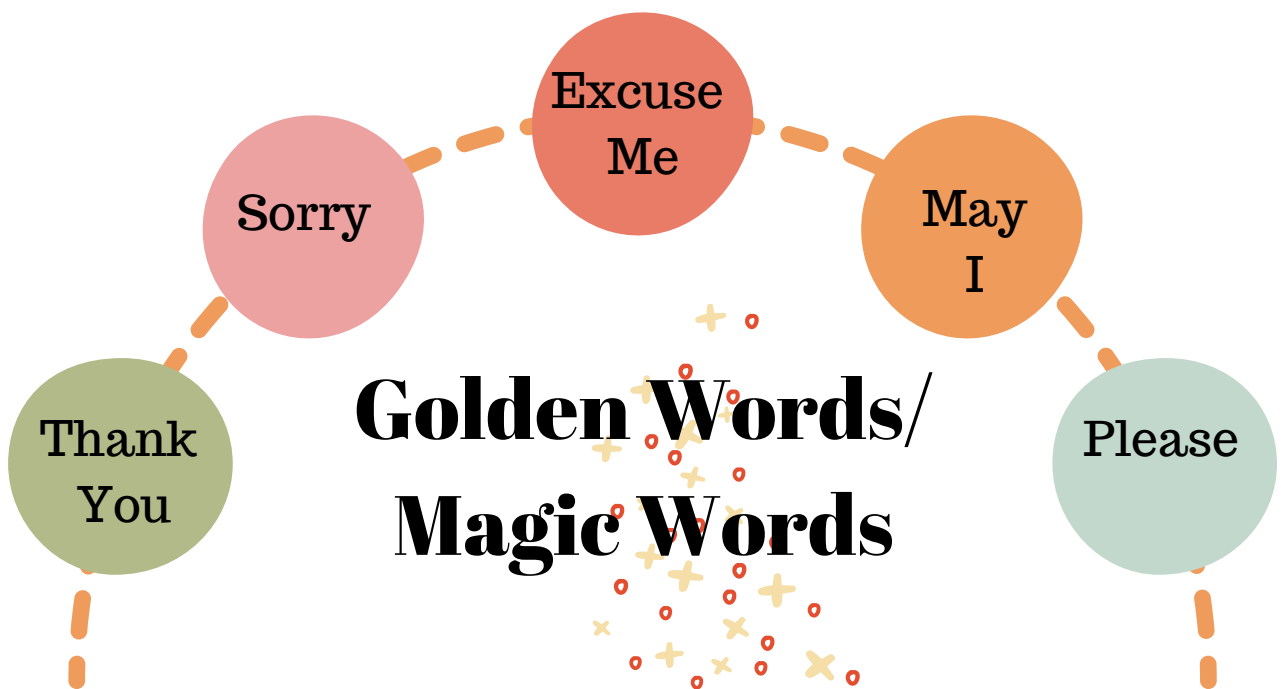
Words have a lot of power in establishing goodwill and ourselves as well-meaning individuals in any social setting. If you have ever observed the most popular or the most liked or the most charismatic people in your lives, they are quite excellent in their use of language and words. The magic words such as Thank You, Please, May I, Excuse me can put an instant smile on anyone’s face. These words build a positive perception of you in the mid of the other person.

When children use these words they are liked by everyone and are invited to engage in social activities. It increases their socialization and builds their interpersonal skills which are absolutely essential for their growth and development into healthy respected adults. The golden words also elicit a positive response from the other person which would result in a better conversation or interaction over-all.

Magic Words

What Are the 5 Golden Words?

Here are the five essential magic words for kids to learn:



Magic Begins...

**When someone helps you
Say THANK YOU**

**When you want a favour
Say PLEASE**

**When do a mistake
Say SORRY**

**When you want to interrupt
Say EXCUSE ME**

**When want permission
Say MAY I?**

**You will see the magic of these words
You will see the magic of these words.**



Parent Teacher Meeting

Parent teacher meeting is a prominent and notable feature of the school curriculum. The motive is close interaction of parents with teachers with regard to the progress shown by their wards and finding workable solutions to the problems coming in the way of development of their ward.



RAIN-THE SPECIAL FEELING

Sudden Change In The Sky
 Sounds Like God's Cry
 Black Clouds Spread All Over
 Taking A Tour Of Sky As Rover

Filled With Pressure Of Water Droplet
 Waiting For The Earth To Set A Goblet
 The Thirsty Land Would Soon Be Satisfied
 That Was Earlier Dried

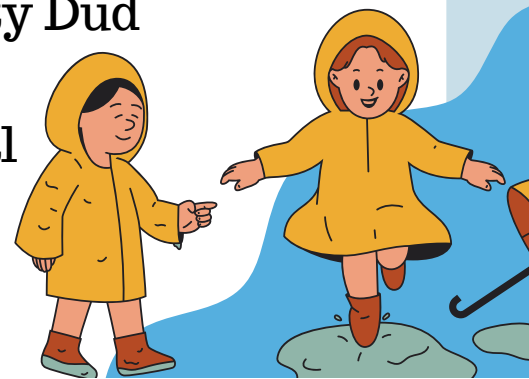
Tiny Droplets Falling So Smooth
 Making The Dry Soil To Soothe
 The Smell Of Wet Soil Is So Mesmerizing
 Making Everyone Totally Emphasizing

The Tip-Tap Sound Of Rain
 Falling On The Windowpane
 Sounds Like A Music Tone
 Everyone Enjoy & Gets Blown

Children Started Making Paper Boat
 In The Rainy Water They Will Float
 Jumping In The Puddles Of Mud
 Scolded By Mothers For Dirty Dud

By: Priyanshi Aggarwal

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Arwachin Bharti Bhawan Sr. Sec. School

(Balbir Nagar)

Arwachin Bharti Bhawan Sr. Sec. School

(Vivek Vihar)

Arwachin International School

(Dilshad Garden)

Arwachin International School

(Pilkhuwa)

Arwachin World School

(Bhopura)