



PARICHAY



E- NEWSLETTER

2022

OCTOBER

Gandhi Jayanti

Gandhi Jayanti is celebrated on October 2 to mark the birth anniversary of the "Father of the Nation," Mahatma Gandhi, the political ethicist, anti-colonial advocate, spiritual leader, and Indian Lawyer. Words fall short when talking about Mahatma Gandhi, the short-statured, soft-spoken, and immensely empathic person who brought all Indians together and made them understand the significance of staying united against all odds. For his visionary leadership, India was able to break free from the shackles of colonialism and become a free nation. Gandhi led the freedom movement bringing all National leaders together while advocating peace and non-violence.



Lal Bahadur Shastri Jayanti

Lal Bahadur was born on 2 October in the year 1904. He popularized the slogan 'Jai Jawan Jai Kisan', recognizing the need for self-sustenance and self-reliance as the pillars to build a strong nation. He was a man of exceptional will power that was belied by his small frail stature and soft-spoken manner. He wished to be remembered by his work rather than well-rehearsed speeches proclaiming lofty promises.



Cultural Event

(Gandhi Jayanti & Dussehra)

Arwachin Public School, Vasundhara recently celebrated Gandhi Jayanti, Navratri, and Dussehra in which children participated in many cultural programs. The event began with the lamp lighting ceremony and aarti by school Principal and School Director Mr. Abhinav Sharma & Dr. (Mrs) Sakshi Sharma. At the event, students presented various cultural programs and the children of Pre-primary dressed for a short Ramleela to celebrate Dusshera, the victory of good over evil. Senior wing participated in various craft activities also. As a tribute to the social inclusion that Mahatma Gandhi practiced and promoted all through his life and which is also the core value of Arwachin Public School, Vasundhara students of our school participated in swacch Bharat Abhyaan with their teachers and school principal and Director. At last students burned an eco friendly Ravaana effigy especially crafted by school art department using cow dung cakes, bamboo sticks and other eco friendly products to fight evils like noise & air pollution etc . On this occasion school Headmistress thanked everyone for gracing the occasion .

Cultural Event (Gandhi Jayanti & Dussehra)



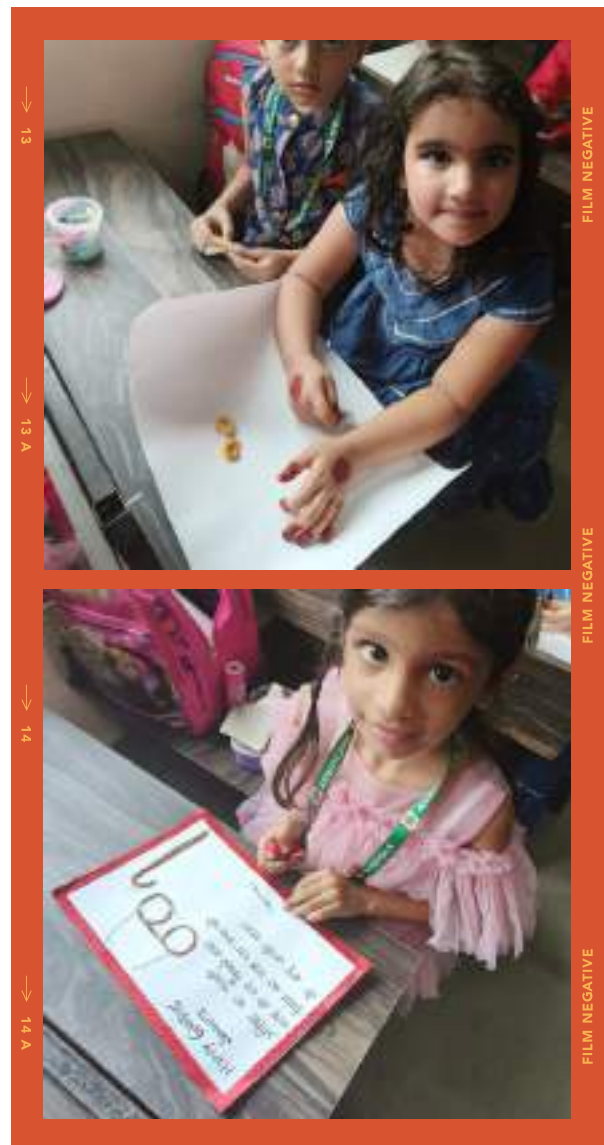
Cultural Event (Gandhi Jayanti & Dussehra)



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Cultural Event (Gandhi Jayanti & Dussehra)



News Article

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BREAKING NEWS YouTube
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Educational Excursion

(Trip to Kidzania)

A school trip can be valuable in terms of imparting practical lessons to kids, and that's what KidZania is known for.

KidZania provides a safe, indoor environment that empowers kids to explore, challenge themselves and open their minds to new experiences thereby stimulating creative thinking and boosting self-esteem and self-confidence levels. KidZania offers a truly unique experience and an interactive learning opportunity. It fosters a hands-on approach for children to explore the world of work, and the wealth of possibilities that it presents in a safe, secure and vibrant environment. Students of Arwachin Public School, Vasundhara, Ghaziabad had the best memories of their life by visiting Kidzania.



www.arwachinkids.com

Educational Excursion (Trip to Kidzania)

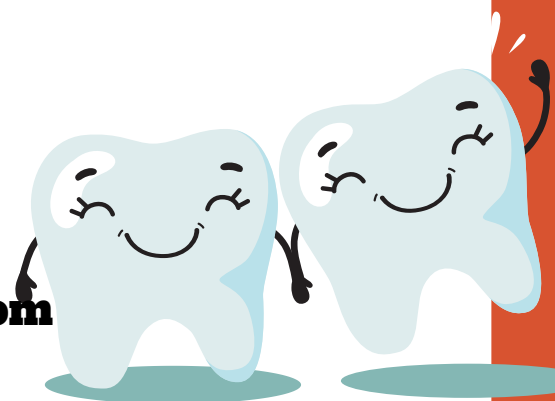




Structure of Teeth

Students were shown the teeth model and were explained about tooth decay.

Humans have different types of teeth that perform various functions such as cutting, tearing, shearing, grinding and crushing. The teeth are powered by the jaw muscles and lubrication is done with the help of saliva, which is produced in the salivary glands.



Introduction of Adobe Acrobat

Adobe Acrobat is a family of application software and Web services developed by Adobe Inc. to view, create, manipulate, print and manage Portable Document Format (PDF) files.

Students had a hands-on approach to this application and learned its features in computer lab today.



Air Force Day

Every October 8, Indian Air Force Day is celebrated to pay a tribute to the Air Force of India and acknowledge the excellence the country has presented in the field.

The Indian Air Force was established on October 8, 1932, and since then it has recorded various remarkable achievements including participating in some crucial wars and accomplishing some landmark missions.

The Indian Air Force is also known as "Bhartiya Vayu Sena". The Indian Air Force, the air arm of the Indian military, has its prime duty of protecting the Indian airspace and, in addition to doing ethereal warfare amid any clash.



Mental Health Day

World Mental Health Day happens every year on October 10.

World Mental Health Day was first celebrated in 1992 by an organisation called the World Federation for Mental Health. Today, the World Health Organization (WHO) supports World Mental Health Day as well.

The day is meant to raise awareness about mental health issues, reduce stigmas surrounding mental illness, and encourage workplaces, institutions, and individuals to prioritize their mental health.



Educationist of the Year

(Excellence in Education Award 2022)

Our honourable Mr. Abhinav Sharma sir was honoured by President Award by the President of the Republic of Mauritius H.E. Prithviraj Singh Roopun . Abhinav sir received the "Excellence in Education Awards 2022" organised by IMT in Collaboration with Mauritius Government held on 6th Oct'22 in Mauritius.

His Excellency Mr. Prithvirajsing Roopun, President of the Republic of Mauritius and Honourable Leela Devi Dokun- Lacchuman- Vice Prime Minister felicitated 65 awardees from all over the world who were shortlisted. Honourable President & Vice Prime Minister were accompanied by Her Excellency Mrs.K Nandini Singla, High Commissioner of India in Mauritius and Mrs. Santi Bai Hanoomanjee, Former High Commissioner of Mauritius in India.



Educationist of the Year (Excellence in Education Award 2022)





Kalakriti

(An Art Competition)

Arwachin Public School Sec-14 Vasundhara Ghaziabad Successfully Organized The "Kalariti Art Competition 2022"

On Saturday, 15th October 2022 Arwachin Public School, Sector 14 Vasundhara Ghaziabad organized the "Kalariti Art Competition 2022" with immense excitement.

Cultural events and activities are a big part of Arwachin Public School, Sector 14 Vasundhara Ghaziabad. The school regularly organizes and celebrates events, functions, activities, and competitions with aplomb and gaiety. The objective behind "Kalariti Art Competition 2022" is to enhance and sharpen creativity among the students across Delhi/NCR.

The event started with Diya lighting done by the Principal Sir of the school Mr. Abhinav Sharma along with the Director mam of the school Dr. Sakshi Sharma. With beautiful Music and Dance, performances were given by students which won the hearts of the audience. The students also presented a French skit and song beautifully.





Kalakriti

(An Art Competition)

Various fun games were organized for parents such as the Hoopla ring throw, talent round & group discussions. A talent - Round was also organized for the Parents to let them showcase their hidden talent in poetry, music, and dance. Several Parents were also awarded gifts as a token of love from the Arwachin School family.

After the art competitions, winners were declared from different age groups, and all the winners were provided with gifts and certificates. All the students who participated from various age groups were given Participation certificates and exciting gifts. The Director mam of the school Dr. Sakshi Sharma showered her blessings on all the students who came to participate in the "Kalariti Art Competition 2022". Numerous new schemes were launched for parents who wish to get their children enrolled at Arwachin Public School, Sector 14 Vasundhara Ghaziabad. The event ended with National Anthem. All the Parents who attended the event appreciated the efforts of the School, and "Kalariti Art Competition 2022" was a thumbs up.





Kalakriti (An Art Competition)



Kalakriti (An Art Competition)



Bharat Vikas Parishad

(Music Competition)

Arwachin Public School , Sector 14 Vasundhara won 3rd position in "Rashtriya gaan Samoaho Partiyogita " held on 9th October 2022 at DPSG, Vasundhara.

Our students were felicitated with a beautiful trophy as a token of appreciation.

Music and child brain development are closely linked. So the more your child is involved in singing the better it is for their development. Competitions may be nerve-wracking, but they're also exciting and filled with social opportunities.



Bharat Vikas Parishad (Music Competition)





Taekwondo



THE BENEFITS OF LEARNING SELF-DEFENSE THROUGH TAEKWONDO:

- **CONFIDENCE**

Self-confidence comes from trusting yourself and believing in your abilities. Taekwondo helps you build confidence because first, it shows you that you're capable of more than you thought. As you push yourself to do more, you are continually expanding your personal boundaries. The more that you learn and accomplish on the mats, the more confidence you develop in yourself.

- **RESPECT**

In most martial arts schools, the first lesson that students learn is not a physical skill. It's to value and show respect for their instructors, fellow students, and themselves. Students demonstrate respect for their instructors by bowing to them at the beginning of class. Other examples of respect are more subtle. Sometimes it's in listening and paying attention. Other times it's in being patient and waiting your turn.

- **EMPOWERMENT**

Knowing that you have the skills to defend yourself is empowering. It can make you feel strong, powerful, and in control of your life. Developing this feeling in Taekwondo leads to similar feelings in your daily life. You can take what you learn through martial arts and apply it to other areas of your life - at home, at work, or even in your relationships.

Confidence, respect, and empowerment are skills that can help you in a threatening situation. And rather than escalating to a physical attack, these skills can help you diffuse a situation before it comes to that. As you learn Taekwondo skills for self-defense, a safer, stronger, more confident you will emerge. As you train, you prepare yourself to deal with potentially threatening situations. But that preparation isn't just physical. Through self-defense training, you build confidence, value respect, and become more empowered. Along your Taekwondo journey, you'll experience a variety of benefits by training your body and your mind. These benefits include physical fitness, character building, and of course, self-defense.





World Wildlife Week

Arwachin Public School Celebrated "World Wildlife Week" Along With Forest Department Officers.

Arwachin Public School, Sector 14 Vasundhara, Ghaziabad celebrated -"World Wildlife Week" on 6th October, 2022, under the guidance of Principal Sir Mr. Abhinav Sharma and Director Mam Dr. Sakshi Sharma.

With special guest from forest department, Government of Uttar Pradesh came to deliver their remarks on this grand occasion of "World Wildlife Week".

Keeping in mind this year theme -"Birds" , a small quiz competition was also organised related to the diversity of birds found around. The students who won were awarded with beautiful trophies from forest department. Small pots of tulsi, neem and other indoor plants were given to the Teachers, Headmistress, Incharge and coordinator of the APS School.

A road - rally was also taken out by the students along with forest Rangers to make the people of Vasundhara ,Ghaziabad aware about importance of conserving flora and fauna.



World Wildlife Week



Measurement of Volume

Science Lab activity

Volume is the amount of 3D space something takes up. The two most common measurements of volume in terms of liquid are Litres and Milliliters. Thus, a liter is a unit measuring volume under the metric system.

Students were introduced to the concept and units of Liters and Milliliters in the Science lab today.



Book Fair

(At Arwachin Bharti Bhawan Sr. Sec. School)

On 19th October, 2022 APS students visited Book Fair at our main campus Branch Arwachin Bharti Bhawan Senior Secondary School, Vivek Vihar.

A book fair is an excellent opportunity to build students' home libraries, further their reading and comprehension skills, and often build knowledge and vocabulary critical for understanding the ding new subject matter.

Book fairs play a vital role in publishing. Both professional and consumer book fairs are important for the book industry. They bring together publishers, agents, distributors, retailers, and book lovers together on a single platform.



Gratitude Flower

(Montessorie Activity)

The gratitude flowers activity teaches kids to: appreciate the small things in life, be grateful for everything they have, be mindful of the things that are going right in their lives and the people they hold closest to their hearts.



Gratitude
CHANGES
every
thing



Abacus Workshop

Math should be one of them as it is used extensively in our daily lives apart from the many subjects it is used in. An Abacus Tool can be very helpful for children to learn math. Using an Abacus consistently develops muscle memory and a natural affinity for math.

Abacus learning programme provides significant benefits to children in enhancing the learning skills, photographic memory, visualisation skills, increasing speed, higher concentration, attaining accuracy and proficiency in all subjects.



Abacus Workshop



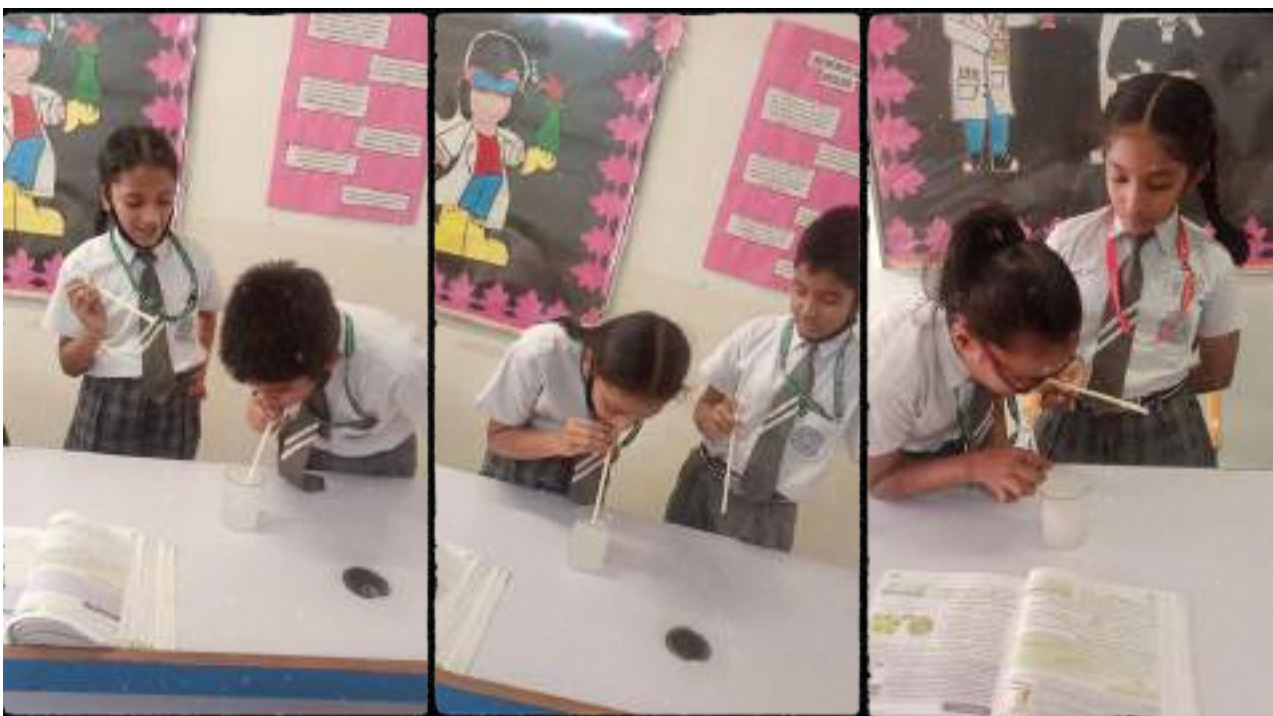
Activity to show presence of carbon dioxide gas in exhaled or used air

The students to observe the presence of carbon dioxide in exhaled air conducted a practical using material such as lime water, straw, water and beaker. Students added lime water and normal water in a beaker and with a help of straw blown air in the beaker which turned the lime water milky. The milky lime water confirms the presence of carbon dioxide in exhaled air.

Practicals help students to cater the curiosity and observe the world with hands on experience. Also it builds teamwork, and enhances the power to retain information.



Activity to show presence of carbon dioxide gas in exhaled or used air



Diwali Celebration

Deepawali or Diwali is the brightest and the most significant festival in Indian culture. It illuminates the country with its brilliance and dazzles people with its joyous celebration. One of the most pious occasions, The festival, which coincides with the Hindu New Year, celebrates new beginnings and signifies light over darkness.

Every ritual of the Diwali festival has a significance and a story behind them. Diwali symbolises the spiritual victory of light over darkness, good over evil and knowledge over ignorance. The lights of Diwali signify a time to destroy all our dark desires and thoughts, eradicated dark shadows and evils and gives us the strength and the zeal to carry on with our goodwill for the rest of the year.



Govardhan Puja

Govardhan Puja is celebrated as the day Lord Krishna defeated the God Indra.

Govardhan Puja celebrates the mythological story of Lord Krishna lifting up the hill of Govardhan to provide shelter to villagers from the torrential rains that were lashing the area. The festival is celebrated as an act of gratitude to Lord Krishna to this day. It is a symbol of taking refuge in the Lord in a time of crisis and how Lord Krishna never fails to help his devotees in times of need. The story is also a warning to respect the forces of nature and to always remember that, as human beings, we are dependent on Mother nature and should be grateful for all the blessings bestowed on us.

Devotees celebrate Govardhan Puja by preparing a large variety of vegetarian food such as wheat, rice, curry of gram flour and leafy vegetables in order to offer them to Lord Krishna.



Bhai Dooj

Bhai Dooj also known as Yama Dwitiya or Bhai Tika, the festival marks the bond of love and protection between siblings.

In its essence and sentiment, Bhai Dooj is quite similar to Raksha Bandhan but on this occasion the ceremonial Rakhi is not tied on the wrist. On this day, elder siblings give gifts and money to their younger siblings who in turn apply the tika to their foreheads and pray for their wellbeing and protection. The entire family gets together to celebrate this auspicious festival and to indulge in the various delicacies leftover from Diwali.



School Celebration

“The greatness of culture can be found in its festivals”. Students at Arwachin Public School celebrated this auspicious week by decorating their classrooms on Diwali, Govardhan & Bhai Dooj theme. Students performed in various activities like rangoli competition, rally (Say no to crackers), skits, dance, music and donation campaign where they donated gifts to less fortunate group of children and celebrated the festival of joy with them. Our school Director and Principal Dr. Sakshi Sharma & Mr. Abhinav Sharma respectively school incharge Ms. Sudipta Sen visited the classrooms and celebrated the day with all the students. India is country rich in culture, values and by celebrating the day with our students make every moment special. Ma’am & Sir explained the importance of the festival spiritually signifies the victory of light over darkness, knowledge over ignorance, good over evil, and hope over despair. The teachers also played dandiya as a part of Diwali celebrations. Both Teachers and students enjoyed the Diwali celebrations wholeheartedly.



School Celebration



School Celebration



School Celebration



School Celebration



Facilitating Young Minds (Workshop of Educators)

APS Educators Participating in Workshops .

On 29th October 2022 Arwachin Public School, Sector 14 Vasundhara, Ghaziabad teachers participated in the 1-day workshop conducted by Next Education Pvt. Ltd. at Hotel Park Inn, New Delhi.

Continuous Professional Development has proven to be a critical part of the teaching-learning process. Good training for teacher workshops leads to positive learning environments training for teacher workshops is needed to help them learn or create new teaching strategies to encourage learning and ensure the interest of their students in the class learning

Learning, unlearn & relearn is the only way to be an outstanding and successful teacher. Therefore, training for teacher workshops is imperative.



National Unity Day

SARDAR VALLABHBHAI PATEL JAYANTI 2022

National Unity Day is celebrated on 31 October every year and it also marks the birth anniversary of Sardar Vallabhbhai Patel.

He was born on 31 October 1875 in Nadiad, a small village in Gujarat. He went on to study law in England and returned to India in 1913, after completing his degree. Later on, after hearing Mahatma Gandhi speak, he entered politics and soon became a powerful opponent of British rule in India.

Patel died on 15 December 1950. In 1991, India's highest civilian honour, the Bharat Ratna, was bestowed on him posthumously. In 2014, his birthday was marked as Rashtriya Ekta Divas (National Unity Day).



Shapes Around Us

(Math Activity)

Learning shapes helps to the students to learn and to differentiate between objects. In order to memorize how shapes are different from one another, they'll learn to pay attention to the little details that distinguish shapes.

In fact, understanding shape is foundational to cognitive development, as infants mostly use shape to learn names of objects. Additionally, shape is important because it has applications in everyday life.

Teaching basic shapes for kids helps them understand their own observations.





Arwachin Public School

Sector- 14 Vasundhara, Ghaziabad 201012

Contact details : 0120-2884141, 4152882, 9560197166

Email : info@arwachinkids.com

Web: <https://www.arwachinkids.com/>

Facebook : <https://www.facebook.com/arwachin>

Instagram :

[https://instagram.com/arwachinpublicschool?](https://instagram.com/arwachinpublicschool?igshid=NmZiMzY2Mjc=)

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Arwachin Bharti Bhawan Sr. Sec. School

(Balbir Nagar)

Arwachin Bharti Bhawan Sr. Sec. School

(Vivek Vihar)

Arwachin International School

(Dilshad Garden)

Arwachin International School

(Pilkhuwa)

Arwachin World School

(Bhopura)